



European Network for “Problematic Usage of the Internet”

Feedback report for the International Training School and Conference: “Problematic Usage of the Internet” 14th – 16th January 2019

The training school was attended by 32 members of the Action as well as 168 people who joined us online over the course of the three days (see figure 1).

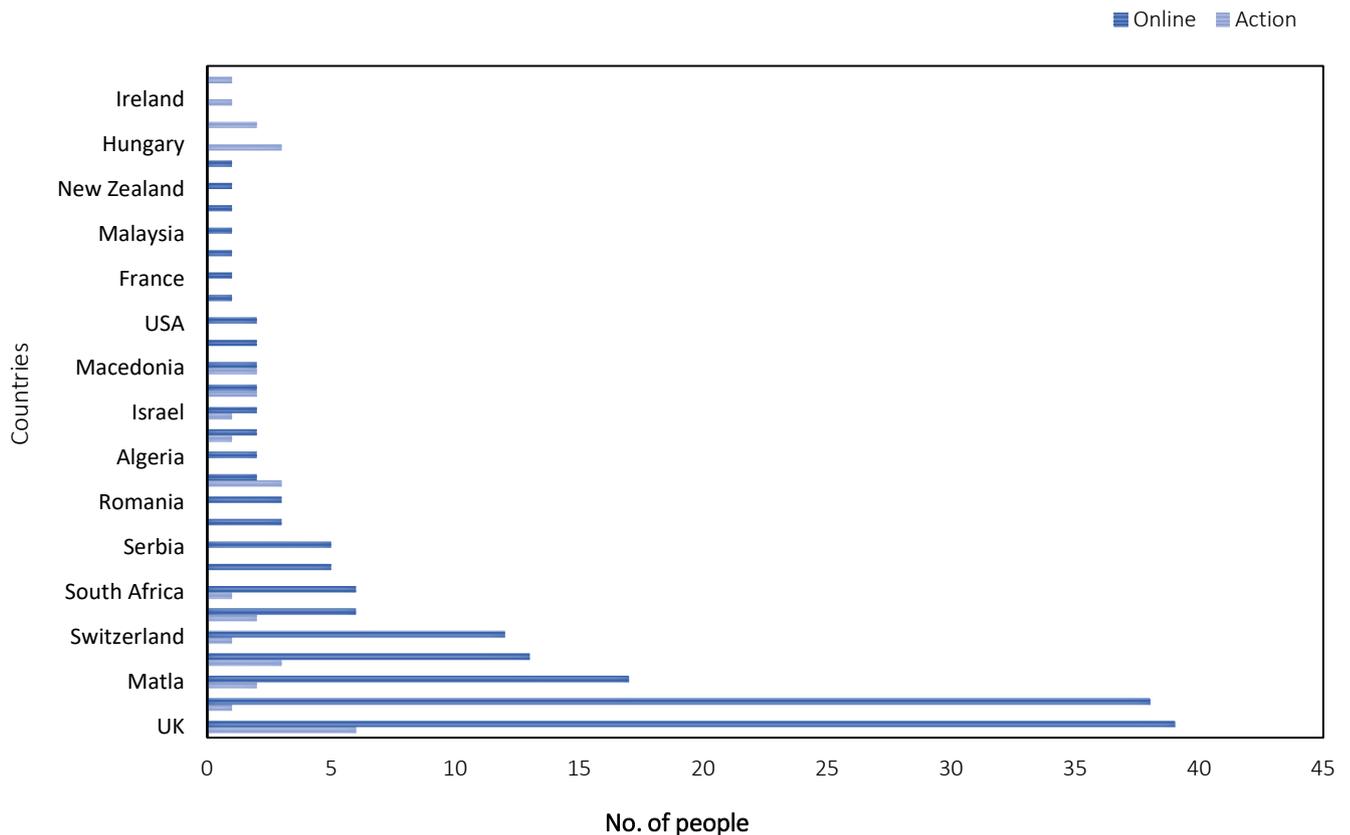


Figure 1. Total number of people attending the training.

42 of the attendees also provided feedback at the end of the event. The demographic frequencies of the attendees who provided feedback are presented below (see table 1).

The majority of the attendees were female and aged between 24 and 44. One of the COST initiatives is that we target females and early career researchers, the results would suggest that we attracted a good gender mix as well as a good mix of ages and experience.

Table 1. Demographic frequencies for the Attendees

		N	Percentage (%)
Gender	Male	9	22
	Female	32	78
Age	18 - 24	1	2.4
	25 - 34	14	34.1
	35 - 44	16	39
	45 - 54	5	12.2
	55 - 64	4	9.8
	65 - 74	1	2.4
Profession	Educational	2	4.9
	Law	1	2.4
	Neuroscience	5	12.2
	Medical	10	24.4
	Psychology	16	39
	Technology	1	2.4
	Other	6	14.6
COST Membership status of Attendee's country	Full Member	16	39
	ITC Member	21	51.2
	Other	4	9.8
Attendees membership status	MC Member	9	22
	MC Substitute	3	7.3
	Work Group Member	6	14.6
	Other	22	53.7

Note. Missing responses were not reported

Another COST initiative is to increase the involvement of Inclusiveness Target Countries (ITC) countries, of the attendees who provided feedback over half were from ITC countries.

Attendees were asked how they had heard of the event, in order to review the actions dissemination activities (see figure 2.)

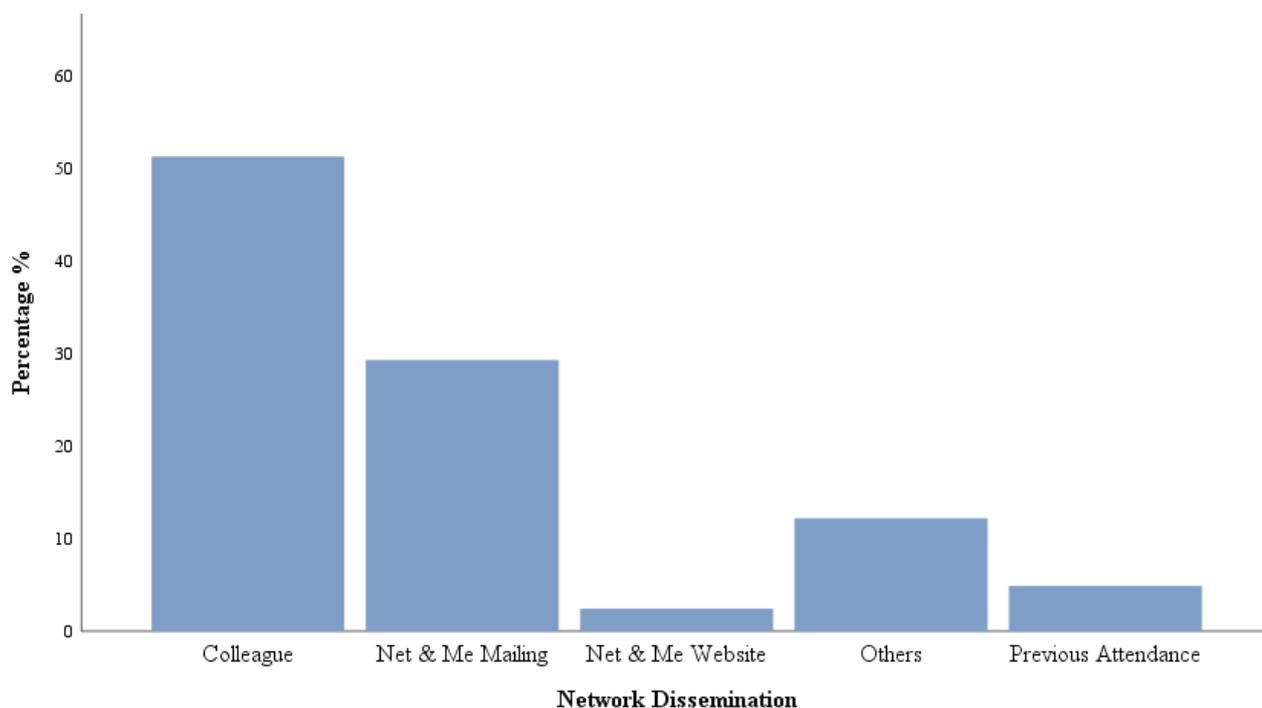


Figure 2. Feedback on the method of dissemination, measured as a percentage

The majority of attendees indicated that they were informed of the event by a colleague. However, the responses do indicate that the use of the net and me Mailing list is also a good facility for disseminating information and activities to a wider audience. Dissemination through Social media is an area for improvement.

Feedback of the webinar was split into three sections. The first section represented the Quality of the activity (see table 2). The majority of the attendees rated the quality of the webinar as either very good or excellent.

Table 2. Feedback on the quality of the webinar. measured as frequency N (%)

	Very Poor	Poor	Fair	Good	Very Good	Excellent
The overall content of the activity was:	0	0	1 (2.4)	1 (2.4)	12 (28.6)	27 (64.3)
The individual presentations of the activity were:	0	0	0	5 (11.9)	15 (35.7)	21 (50)
The speakers were:	0	0	2 (4.8)	2 (4.8)	12 (28.6)	25 (59.5)
The materials distributed were:	0	0	2 (4.8)	6 (14.3)	8 (19)	20 (47.6)

Note. Missing responses were not reported

The second section represented the quality of the content/topics of the activity (see table 3).

The majority of attendees indicated that they found the content of the webinar interesting and useful for their career and that they would use what they have learned in their professional practice.

Table 3. Feedback for the quality of the content of the webinar. measured as frequency N (%)

	Strongly disagree	Somewhat disagree	Neither agree or disagree	Somewhat agree	Strongly agree
The content was fundamentally interesting:	0	0	1 (2.4)	9 (22)	31 (75.6)
I already knew a lot about the subject:	1 (2.4)	10 (24.4)	5 (12.2)	20 (48.8)	5(12.2)
The relevance of the activity is useful for my career:	0	0	2 (4.9)	17 (41.4)	22 (53.7)
I plan to use what I have learned in my professional practice:	0	0	5 (12.2)	15 (36.6)	21 (51.2)

The third section represented the quality of the organisation of the activity (see table 4). The majority of the attendees rated the organisation as very good or excellent.

Table 4. Feedback for the quality of the organisation of the webinar, measured as frequency (%)

	Very Poor	Poor	Fair	Good	Very Good	Excellent
The organisation of the activities around the event:	0	0	1 (2.4)	2 (4.9)	9 (22)	24 (58.5)
The convenience of the location chosen:	0	0	2 (4.9)	2 (4.9)	6 (14.6)	21 (51.2)
The catering quality and quantity:	0	0	0	1 (2.4)	3 (7.3)	18 (43.9)

Note. Missing responses have not been reported

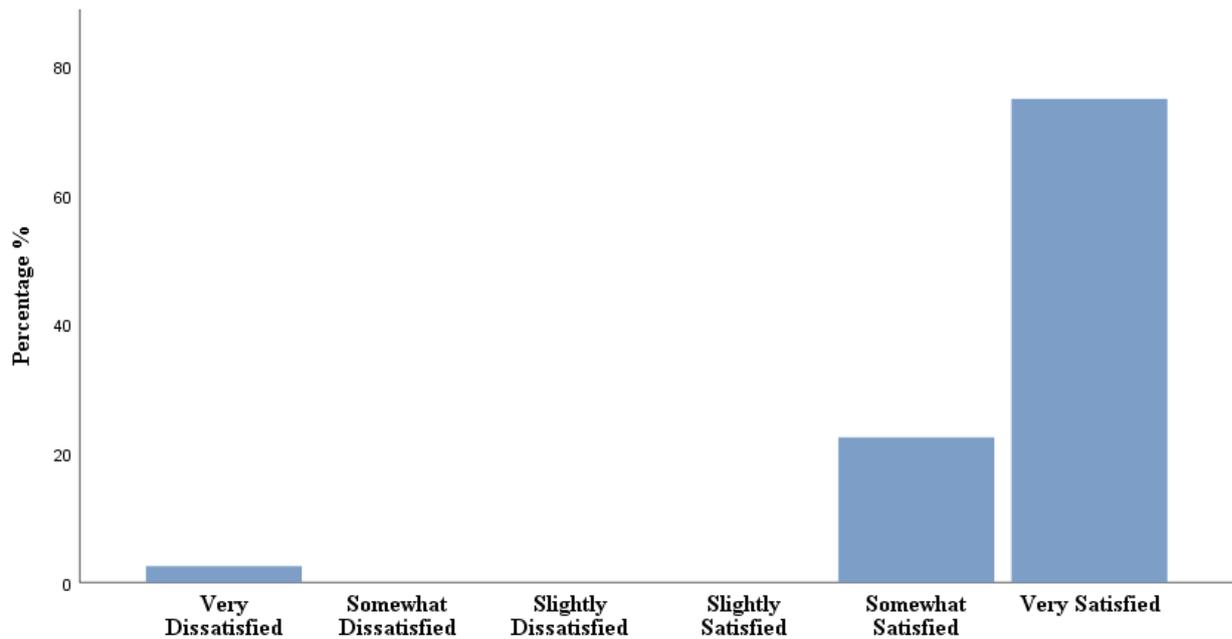


Figure 3. Total number of valid responses for the overall satisfaction of the Training school/Conference, measured as a percentage.

The majority of the attendees who supplied feedback were satisfied overall with the Training school/Conference (see figure 3), with the majority reporting that they were very satisfied.

Attendees were then given an option to give open-ended feedback based on their satisfaction. 1 Attendee indicated that they were very dissatisfied with the event on the Likert scale, but in the open-ended feedback stated they were very satisfied with the event.

“ no, I thought it was very good”

Suggesting that the indication on the Likert scale may have been an error.

The following table (see table 5) contains the open-ended response, (in English) from all attendees who gave feedback. Attendees indicated that they particularly liked the ease and accessibility of the online format and felt the content of the Training school/Conference and the presenters were very informative. Possible suggestions for the future include: Having a more balanced selection of lectures between different disciplines. An Opportunity to share information from practices and more frequent events. Overall the feedback received indicated that the Training School/Conferences was a very successful activity.

Table 5. Table of open-ended response

What did you particularly like?

“The content was very interesting.”

“The discussion and networking opportunity”

“Whole organisation and whole Event. Thanks to NF and NH.”

“From the planning of joint training activities (Erasmus + masters), joint research (multicultural projects), dinner, the local”

“The 2nd day - it was very informative and concluded various aspects of disorder”

“The scientific program (with two sets of PUI-related presentations, an invited lecture on a more general topic in-between, and an interactive workshop at the end) was designed in such a way as to enable maximum engagement by the participants. The coffee breaks and the lunch sessions, were ideal for networking and strengthening of the established connections. Overall the intense agenda was optimal for theoretical upgrade (by gaining deeper insight on the topic) and a practical networking (by establishing meaningful collaborations with experts). Congrats on the fantastic organization!”

“The presentations on PIU that had a psycho-social element to them. all presentations were very good but some of them where targeting more the medical part of the audience.”

“the opportunity of streaming live.”

“The workshop about the Delphi study. Some of the presentations (e.g., MB, NF, JG, ZD)”

“Lectures and speakers were awesome”

“Convenience of being online and content quality”

“Presentations.”

“The ambient, beautiful working atmosphere, cooperation between COST action members, the choice of issues, the balance between lectures and interactive workshops, the organisation of the event etc.”

“High quality of the speakers”

"The first two days of lectures and plenaries were just perfect. The formal dinner was incredible - what an experience!"

“The overall presentations from definition up to practice.”

“Topics of presentation, Venue, Organisation”

“The whole approach to the subject due to the little knowledge”

“Availability to attend lectures via online streaming”

“VideoSreaming”

“The ability to participate in the international conference via internet “

“Excellent clear lectures”

“Networking of the professionals and all data that were shared.”

“networking and the information that were shared”

“From the clear and concise thematic approach”

“discussion of working group to define the problem”

“Live stream”

“convenient time, concentrated content, opportunity to ask questions”

“Quality of the speaker and presentations; free event; network of junior scientists.”

“variety of topics covered that pertain to PIU”

“Networking dinner: it was amazingly organised and a very high-level occasion of sharing opinions and conversation”

“I particularly liked professor MB presentation.”

“Various speakers, subjects linked to one another, more medical perspective, and also linked to psychology”

“Honest”

“Great organization, time planning, clear-against the event”

What did you find helpful?

“PUI in children”

“that the slides were available to download”

“Lectures, Cambridge University surroundings and Organisation.”

“From the planning of joint training activities (Erasmus + masters), joint research (multi-center projects)”

“It really helped that slides were added before oral presentation, it was really helpful to take a look in advance.”

“The flexibility of the program to adjust to the needs/ideas/proposals by the participants. The availability from the leading experts to discuss and cooperate. The thoughtful and very caring organization by the hosts. In essence, the whole organization was so professional, that I felt very welcomed.”

“opportunity to network with colleagues from different countries”

“very easy to connect“

“mostly the same presentations + the plenary about machine learning”

“many new informations.”

“useful tools and questionnaires”

“everything”

“I learned a lot and consolidated my knowledge on the subject”

“having online presentation to watch at convenient time.”

“Networking and Increased my knowledge from presentations”

“Sharing content and associated issues”

“Training conference updates”

“Problematic Internet Usage is growing problem so any new and science supported information is very valuable”

“Easy to use Webinar instructions”

“information that increase the knowledge.”

“increasing the knowledge”

“The defining criteria of pathology”

“questionnaires shared among other countries “

“Information mails”

“recent research”

“Clinical management strategies; slides available; online streaming accessible remotely”

“all of it really, such as: discussion of potential treatments and research initiatives.“

“The afternoon session to promote initiatives”

“I find Professor ZD presentation very helpful.”

“it was held in English, and the online connection was great”

“To improve my career”

“Remote Learning, Transparency Information (Shared Content)”

Do you have any other comments or suggestions?

“Everything was Perfect. For me this is valuable visit in every sense.”

“Congratulations on your initiative.”

“Everything looked fine, thank you!”

“For future events I'd suggest that the presentations are equally shared between medical and psychological/ educational perspectives.”

“thank you very much for the training! :)”

“It is interesting and more frequently such type of workshop is needed”

“no, I thought it was very good.”

“no.”

“This event that should be used as a model of all cute COST events. It was great!”

“Excellent conference, congratulations”

“Great work; all of the organizers (SC, NF, NH) did a phenomenal job. Amazing workshop and conference.”

“When traveling involved, to have a location that does not require many hours travel.”

“Please continue to make this widely accessible”

“opportunity to sheer information that comes from our practice.”

“opportunity to share our information that comes from our practice is missing”

“I want to participate again if possible.”

“no”

“continue”

“To be repeated”

“to expand the interdisciplinarity of the topic (PUI) over the medical science, integrating interventions from other disciplines”

“If speakers made better use of the microphones which were available it would have been much easier to listen being that I viewed this online from my office and I was not alone sound was not always clear due to the fact of improper use of microphone as when speakers used it sound was super clear.”

“No”
