



European Network for “Problematic Usage of the Internet”

Feedback report for the Online Masterclass: “New Insights on Addiction Trends in Society” 29th March 2018

The webinar attracted 91 attendees at registration, from countries including: Spain, UK, Portugal, Belgium, South Africa, Canada, USA, India, Italy, Lithuania, and Albania. 36 of the attendees also provided feedback at the end of the event. The demographic frequencies of the attendees who provided feedback are presented below (see table 1)

Table 1. Demographic frequencies for the Attendees

		N	Percentage (%)
Gender	Male	13	37.1
	Female	22	62.9
Age	18 - 24	3	8.6
	25 - 34	12	34.3
	35 - 44	12	34.3
	45 - 54	5	14.3
	55 - 64	2	5.7
	65 - 74	1	2.9
	Profession	Educational	5
Law		1	2.9
Neuroscience		3	8.6
Medical		9	25.7
Psychology		15	42.9
Other		2	5.7
COST Membership status of Attendee's country	Full Member	17	48.6
	ITC Member	14	40
	Other	4	11.4
Attendees membership status	MC Member	3	8.8
	MC Substitute	2	5.9
	Work Group	4	11.8
	Member		
	Other	25	73.5

The majority of the attendees were female and aged between 24 and 44. One of the COST initiatives is that we target females and early career researchers, the results would suggest that we are attracting a good gender mix as well as a good mix of ages and experience.

The attendees were asked how they had heard of the event, in order to review the actions dissemination activities (see figure 1.)

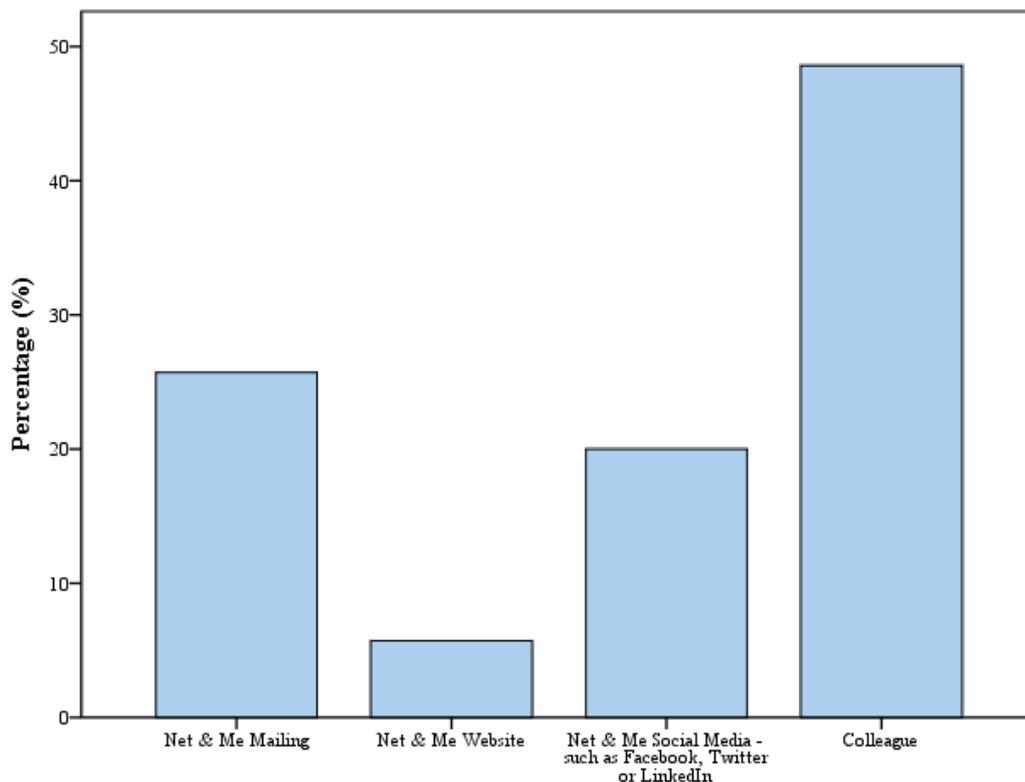


Figure 1. Bar chart showing the most popular methods of disseminating the event.

The majority of attendees indicated that they were informed of the event by a colleague. However, the responses do indicate that the use of social media could be a good facility for disseminating information and activities to a wider audience.

Feedback of the webinar was split into three sections. The first section represented the Quality of the activity (see table 2). The majority of the attendees rated the quality of the webinar as either very good or excellent.

Table 2. Feedback on the quality of the webinar. measured as frequency N (%)

	Very Poor	Poor	Fair	Good	Very Good	Excellent
The overall content of the activity was:	0	0	1 (2.9)	6 (17.6)	14 (41.2)	13 (38.2)
The individual presentations of the activity were:	0	0	1 (2.9)	7 (20.6)	17 (50)	9 (26.5)
The speakers were:	0	0		5 (14.7)	17 (50)	12(35.3)
The materials distributed were:	0	0	1 (4.3)	4 (11.1)	9 (39.1)	9 (39.1)

The second section represented the quality of the content/topics of the activity (see table 3).

The majority of attendees indicated that they found the content of the webinar useful for their career and that they would use what they have learned in their professional practice.

Table 3. Feedback for the quality of the content of the webinar. measured as frequency N (%)

	Strongly disagree	Somewhat disagree	Neither agree or disagree	Somewhat agree	Strongly agree
The content was fundamentally interesting:	0	0	0	14 (41.2)	20 (58.8)
I already knew a lot about the subject:	1 (2.9)	6 (17.6)	12 (35.3)	12 (35.3)	3 (8.8)
The relevance of the activity is useful for my career:	0	0	2 (5.9)	17 (50)	15 (44.1)
I plan to use what I have learned in my professional practice:	0	0	4 (11.8)	17 (50)	13 (38.2)

The third section represented the quality of the organisation of the activity (see table 4). The majority of the attendees rated the organisation as very good or excellent.

Table 4. Feedback for the quality of the organisation of the webinar, measured as frequency (%)

	Very Poor	Poor	Fair	Good	Very Good	Excellent
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The organisation of the activities around the event:	0	0	2 (7.1)	3 (10.7)	9 (32.1)	14 (38.2)
The convenience of the location chosen:	0	0	1 (2.9)	7 (20.6)	17 (50)	9 (26.5)
The catering quality and quantity:	N/A					

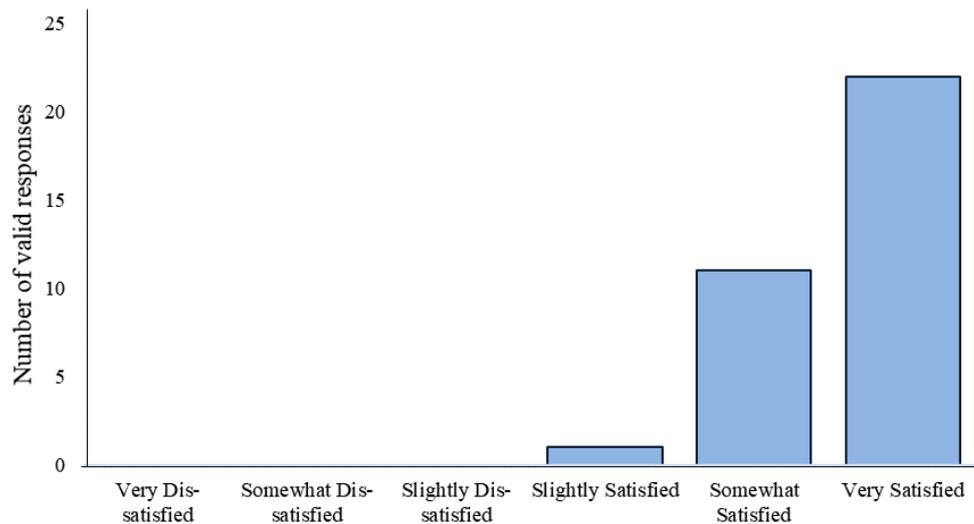


Figure 2. Total number of valid responses for the overall satisfaction of the Webinar

All attendees who supplied feedback were satisfied with the webinar overall (see figure 2), with the majority reporting that they were very satisfied.

Attendees were then given an option to give open-ended feedback based on their satisfaction. The following table (see table 5) contains their open-ended response, (in English). Attendees indicated that they particularly liked the ease and accessibility of the online format and felt the content of the webinar and the presenters were very informative. Possible suggestions for the future include: Longer events, more support material, more contact with the organisers before the event and more detailed instructions as to how to access the webinar. Overall the feedback received indicated that the webinar was a very successful activity.

Table 5. Table of open-ended response

What did you particularly like?

“The global view on additive behavior.”

“Implications for future research in the subject”

“Interesting talks”

“The talks related to addictive events in today's society”

“The themes addressed and the willingness to share information”

“Two topics and the online format.”

“All activities most interesting being the problematic use of internet and hikikomori”

“Speakers kept to time. Being an online event made it easy to join. Good range of topics.”

“The insight into Hikikomori phenomenon”

“Two speakers”

“Convince of the educational venue, topics chosen for the masterclass”

“The new knowledge gained.”

“Eating disorders”

“Speakers were precise, coherent and thought provoking”

“The format itself of a webinar and the presentation of the slides, the first presentation of "the boss"”

“The transmission of information on emerging problems relevant to clinical practice online.”

“Problem gambling”

“I really enjoyed the introduction to the first guest theme”

“Presentation of prof Fineberg”

“The session on health addiction”

“Up-to-date information and the quality of trainers“

“Comfortable platform, message structure”

“The chosen topics”

“Internet Addiction and Hikikomori: a new psychopathological scenario. Giovanni Martinotti,”

“Online assistance”

“Speakers, topic, promotion, remote attendance available”

“The link was working fine with clear audio”

“I have especially appreciated the part on Gambling”

“Clear, consistent, innovative presentation adapted to the duration of presentations.”

What did you find helpful?

“Reviews and studies presented”

“Explanation of neuropsychological models and markers of addiction”

“The talks related to addictive events in today's society”

“The acquisition of new knowledge and the systematization carried out”

“Evidence-based information.”

“Understanding addictive behaviours as a whole with use of impulsive compulsive phenomena with shared psychopathology and neural impairments and treatment response”

“General overview of different types of addictions”

“All information“

“Topics chosen for the masterclass”

“The idea of addiction from different points of view.”

“Finding and practical advice”

“The clear presentation of the subject”

“The slides”

“Information for the identification and treatment of these problems.”

“The research into problem gambling”

“All topics!”

“Overview of addiction disorders and PUI”

“A new way of thinking about healthy and unhealthy addictions”

“The way they conjugated the different behavioral additions”

“Notice of Internet addiction.”

“The multidisciplinary nature suitable for diverse interest”

“Internet Addiction and Hikikomori:”

“Contents“

“Quality of contents”

“Event via the internet ie no need to travel anywhere”

“All the interventions will be very useful for my future work on the topic”

“Knowledge of new derivations in addictive pathologies (without substance).“

Do you have any other comments or suggestions?

“Provide support material.”

“Some speakers 'raced' through their slides - would have benefited from less material or more time. It was not always clear what the main aim of each talk was. Some speakers provided excellent slides and used them to illustrate points made. The range of topics was excellent.”

“Would be interested to join for more classes”

“More events like this should be organised.”

“Every presentation was helpful”

“Facilitated discussion may have been more effective than simply canvassing email questions”

“Some presenters could have done a better job: not skipping nearly half of your own slides, talking with a lot of hesitation, trying to show everything you know.”

“I still believe the betting organisation on our local high street is still part of the underlying issue of problem gambling inherited by gamblers.”

“The individual presentations could have been longer”

“You can further explore these themes”

“The next time on such a comfortable platform you can do the event longer.”

“The technical instructions about connecting procedure must be detailed.”

“despite registering via email I haven't heard back until the date of the event which was unfortunate, maybe allowing more time at the end for questions or debating the topic among the speakers to start the debate/ discussion would be helpful - I know I like to hear the talks and then think about any questions I may have rather than type and email them as the talks progress”

“The submission of bibliographic recommendations, as well as a brief summary of the information presented to the participants.”
