EU-PUI CA 16207

Naomi Fineberg and Natalie Hall

5th MC Meeting (midway through 3rd grant period)

Copenhagen Sept 12th 2019

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Agenda; Management Committee Meeting
Scandic Sluseholmen, Molestien 11, DK-2450 København SV, Copenhagen,
Sept 12th. 2pm-5pm

1. Welcome to participants – N Fineberg 14:00 – 14:05
2. Verification of the presence of two-thirds of the Participating COST Countries or, if applicable, a quorum - N Fineberg 14:05 – 14:10
3. Adoption of agenda – N Fineberg 14:10 - :14:15
4. Approval of minutes and matters arising of last meeting 14:15 – 14:20
5. Update from the Action Chair – N Fineberg 14:20 – 14:30

- a) Status of Action: start and end dates of Action, participating COST countries, participating NNC/
- IPC institutions and Specific Organisations.
- b) ITC Grants and Short Term Scientific Missions (STSM): review of completed reports and new applications - G Martinotti and Grant recipients14:30 – 14:45

6. Update from the Grant Holder: Action budget status –N Fineberg, N Hall - 14:45 – 14:55
7. Monitoring of the Action N Fineberg 14:55-15:05
8. Risk management
9. Administrative Update. N Fineberg, N Hall. 15:05-15:15

- Coffee Break 15:15 – 15:45

Agenda MC Meeting 12-09-2019 contd.

9. Follow-up of MoU objectives: Progress Report of Working Groups 15:45 – 16:30

- WG1 –L Carmi for S Chamberlain
- WG2 – J Zohar for O Corrazza
- WG3 - Z Demetrovics
- WG4 – J Menchon for E Grunblatt
- WG5 – C Sales

10. Scientific planning - N Fineberg 16:30 – 16:50

- a) Scientific strategy (MoU objectives, GP Goals, WG tasks and deliverables)
- b) Action Budget Planning
- c) Long-term planning (including anticipated locations and dates of future activities)
- d) Dissemination planning (Publications and outreach activities)

11. Requests to join the Action from: 16:50

- a) COST countries
- B) outside countries

12. AOB – 16:50 -16:55

- a) Further contingency plans for Brexit no deal. N Fineberg

13. Location and date of next MC meeting

14. Summary of MC decisions 16:55– 17:00

15. Close

- Welcome to participants – N Fineberg
- Verification of the presence of two-thirds of the Participating COST Countries n = 31 or, if applicable, a quorum - N Fineberg
- Adoption of agenda – N Fineberg
- Approval of minutes and matters arising of last meeting - members

Warsaw, April 10th, 2019

Subject | Minutes of the Fourth Management Committee Meeting of COST Action CA16207 "European Network for Problematic Usage of the Internet"

Warsaw, Poland 04/10//2019

1. **Welcome to participants**

The participants were welcomed by Prof Naomi A. Fineberg (MC Chair). Prof Fineberg chaired the meeting, including the approval of the minutes of the meeting 11/10//2018 in Barcelona, Spain (***Annex 1***).

2. **Verification of the presence of two-thirds of the Participating COST Countries or, if applicable, a quorum**

The quorum (2/3 of COST Countries participating in the Action) was reached: 22 out of 31 Participating COST Countries attended the meeting.

3. **Adoption of the Agenda**

The agenda (***Annex 2***) for the 4th Management Committee (MC) meeting was adopted.

4. **Approval of minutes and matters arising of last meeting**

The minutes from the previous meeting were approved (***Annex 1***). There was agreement there had been no matters arising needing discussion since the last meeting.

5. **Update from the Action Chair (*Annex 3*)**

a. Status of Action: start and end dates of Action, participating COST countries, participating NNC/IPC institutions and Specific Organisations.

- WPB approved: 13 June 2018
- GP start date: 1 May 2018
- GP end date: 30 April 2019
- Number of Parties: 31
- Grant Holder: THE UNIVERSITY OF HERTFORDSHIRE HIGHER EDUCATION CORPORATION
- Grant Holder Manager: Ms Natalie Hall
- The action will end on Friday, October 22, 2021

MoU CA 16207: MoU objectives and Grant Agreement Period Goals and Activities were reminded (***Annex 4***). Action now has 39 countries involved including 146 members/observers

b. ITC Grants and Short Term Scientific Missions (STSM): Review of completed reports and new applications by Prof Giovanni Martinotti

There is a budget allowance for STSM and ITC grants during this period. Therefore the Action members were encouraged to consider applications for both STSM and ITC grants. STSM's are open to all Action members.

During Grant period 2 there were 2 ITC conference grants awarded to:
Dr J Burkauskas - Society for the Study of Addiction (SSA) Annual Conference
And
Dr A R Dores – 27th European Congress of Psychiatry

There were also 2 STSM's awarded to:

Dr. Artemisa R Dores presented her experience at the University of Trent in Nottingham, UK under the supervision of Prof Mark D. Griffiths. Three collaborative papers submitted. Three planned collaboration projects. ITC conference grant was used to present finding in EPA congress in Warsaw. Two applications to ERASMUS + submitted (***Annex 5***).

Dr. Mauro Pettorruso will complete the next STSM in the Department of Psychiatry and Behavioral Neuroscience, University of Chicago (supervised by Prof Jon Grant). Dr. Pettorruso is currently working on a longitudinal study of young adults examining internet addiction and cognitive variables, gender issues and COMT genotyping. A new survey of young adults for internet addiction, narcissism, pathological lying and cognitive variables is currently planned.

6. Update from the Grant Holder: Action budget status (*Annex 3*)
Prof Fineberg gave a presentation of the current Action Budget
There was a minor mistake on the 6th line in 3rd column (OERSA; should read 2 000.00) that was corrected (***Annex 3, slide 13***).

7. Monitoring of the Action (Annex 3)
Prof Fineberg gave a report. Deliverables were summarized. It was agreed that almost all of the originally planned deliverables were being or had been met **(Annex 4)**, according to our project goals. Further work plans were discussed that would complete achievement of our planned deliverables, including development of an open-access database, completion of a certified PPI research training for PPI stakeholders in the Action, and organization of the 2nd Annual Scientific Meeting "Cost and burden of PUI a Cross National Approach".
The first progress report has been submitted by Action chair (26-10-2018), which focusses on continuing to ensure good representation of ITC countries, gender balance and ECI members in leadership roles (**Annex 9**).

8. Implementation of COST policies

a) Promotion of gender balance and Early Career Investigators (ECI)

Possibilities to develop and implement a plan to significantly improve ITC and female participation, also at leadership levels, and to maintain the ECI involvement were discussed.

b) Inclusiveness and Excellence (see below list of Inclusiveness Target Countries)

Proposal to create WG5 was approved. Dr. C Sales (PT- ITC country; female) was nominated as group lead. 'Citizens' involvement work group' was voted as a best name for the newly established WG.

Risk management plans were discussed.

Possible options to spend additional funds were approved by vote as below;

1. Filming and editing of the next training school (planned for either the end of this financial year or beginning of next; venue Budapest). Tentative costing approx. 12,000 euros.
2. Companion guide to PUI to be published as a popular e-book on our website, to be written and lead by Bernardo Dell-Osso in collaboration with WG5. Tentative costing approx. 2,000 euros.
3. Documentary about living with PUI. With WG5. Costing to be provided by Ornella.

Prof. Joseph Zohar proposed to list the documentary as the first option to spend additional funds on.

Developing an open access research database was also voted and approved- this would include a database of all consenting COST members and their credentials, to act as a rich information source for research, education and dissemination networking activities.

8. **Administrative Update**

Prof. Fineberg went over the travel reimbursement rules and the dates for the submission of travel reimbursement. Relevant information can be found on the COST website at http://www.cost.eu (***Annex 3, Slides 28-40***)

9. **Follow-up of MoU objectives: progress report of working groups**
a. Working group 1 Update – Dr K Ioannidis (***Annex 6***)
b. Working group 2 Update – Dr Cinosi (***Annex 7***)
c. Working group 3 Update – Dr Burkauskas (***Annex 8***)
d. Working group 4 Budget Update – Prof Zohar (***Annex 3, Slides 44-57***)

Proposal for quarterly reports by each WG lead was voted on and approved.

Actions budget for the next term was voted on and approved.

10. **Scientific planning**

In summary, it was agreed that

WG1 will focus on finding the best available scales for PUI, developing a Prototype Clinical Rating Scale and grant submissions.

WG2 will be responsible for development of an open-access database (see above), completion of a certified PPI research training for PPI stakeholders in the Action, and organization of either a clinical or pre-clinical workshop.

WG3 will write a proposal for a Science Fair. Dr Gjoneska proposed to submit it to 'RESEARCH NIGHT' organized by European Commission. WG3 will also plan Podcasts (with the help of National Representatives), organize 2nd Annual Scientific Meeting "Cost and burden of PUI a Cross National Approach" and plan to publish 2nd consensus publication.

WG4 will be responsible for quality and assurances review and reporting.

WG5 will identify 2-3 Action members to oversee existing PPI groups, create lay summary materials, arrange meetings, training activities and focus groups. Approval was gained by vote for Dr C Sales (PT) to plan WG5 activities.

11. Any Other Business (AOB)
Finland was approved as a new COST Action member.

If the UK leaves the EU with 'no deal' the COST Action budget will have to be transferred to an EU member state.
Approval by vote was obtained for Tel Aviv and Barcelona universities for possibility to hold the grant.
Approval was also obtained for the Chair to approach other universities to hold the grant, in case the above two universities were unable to do so.
In any case, unanimous approval was obtained to maintain Ms. Hall as grant manager and administrator, in the case of change in grant-holder institution.
Two centers in the same country can engage in a short term scientific mission, as long as the aims are clearly stated and judged to be defensible.

13. Location of the next meeting

Status of the Action

- WPB approved: 27 June 2019
- GP start date: 1 May 2019
- GP end date: 30 April 2020
- Current grant period: 3rd (May 2019-April 2020)
- Number of Parties: 31
- Chair: Naomi Fineberg, UK
- Grant Holder:Fundacio Institut D'Investigacio Biomedica de Bellvitge in Barcelona (IDIBELL)
- Grant Holder: Sandra Gaite aided by N Hall, UK.
- The action will end on Friday, October 22, 2021

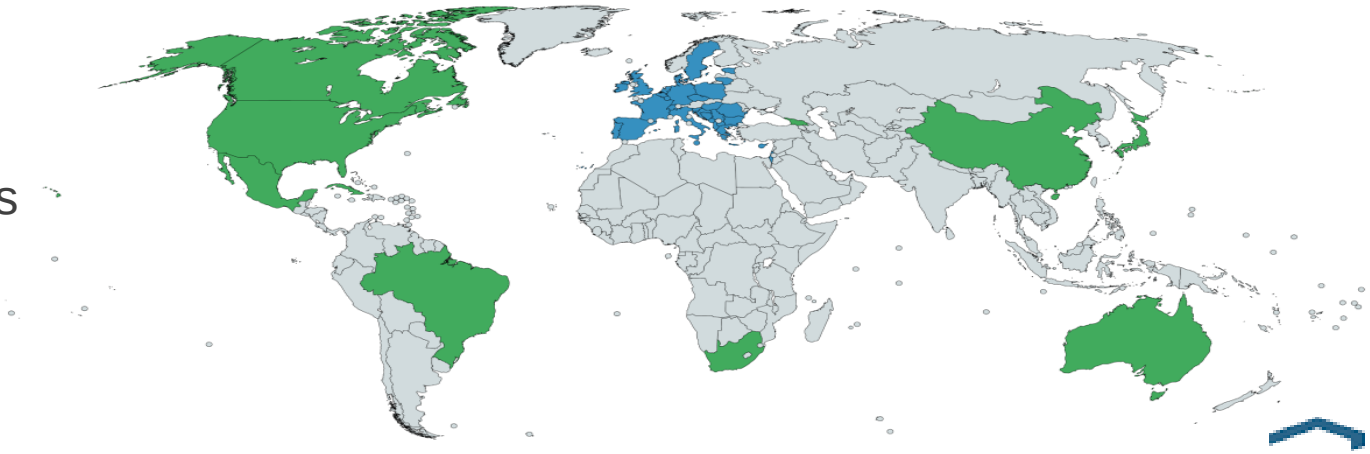
Aim/primary Objective
to bring together multidisciplinary international experts collaborating on advancing the understanding of problematic use of the internet (PUI) and its treatment since there is lack of agreement about the definition of PUI and little reliable information on its prevalence, clinical parameters, brain-based biology and socio health-economic impact
Secondary objectives
1.1. Establish the EU-PUI Research Network with inclusive multi-stakeholder representation including citizens with PUI and their family members, universities, health service sectors and bio- and information-technology industries, to enable learning from wide ranging relevant experiences. 2.2. Foster knowledge, skills and best practice exchange to integrate scientific and technical advances, address current knowledge gaps and identify the most promising research goals. 3.3. Provide open access to a bespoke electronic research database as a resource to store and share international research data, and to support the consolidation of existing data and its exploitation into new collaborative projects. 4.4. Support rapid communication of knowledge within the network. 5.5. Effective transfer and exploitation of new insights arising from the Network into the scientific, biotechnology and health services arena by establishing a robust dissemination plan. 6.6. Establish sound management and quality assurance structures and strategies. 7.1. Facilitate educational and training enterprises to fill gaps in skills and knowledge to build the required research capacity to deliver multi-centre research studies. 8.2. Develop and disseminate a platform of research tools and targets including the most advanced animal models and techniques, and the most sensitive genetic, neurocognitive and brain imaging tests that discriminate problematic internet use disorders, for onwards development by the wider scientific community and the biotechnology industry. 9.3. Devise mentorship schemes for early-career scientists, including those in low income countries, to, enable junior and senior researchers to build trust and initiate collaborations. 10.4. Organise research training for public-patient representatives, to establish for the first time a European PUI public-patient reference group

CA 16207:
MoU objectives and
Grant Agreement Period
Goals and Activities

COST Action FOR PROBLEMATIC USE OF THE INTERNET (EU-PUI)
www.cost.eu/COST_Actions/ca/CA16207

- Multidisciplinary expertise (animal and human neuroscience, genetics, clinicians, bio & information-technology industry, health economists, policy makers, service planners, patients & carers)
- Advance understanding of the psycho-biological basis of different forms of PUI and the societal cost and burden
- Spearhead development of treatment and prevention programmes

39 countries
146 members/observers



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EU-PUI. Participating COST Members (Sept 2019)

- COST Members (countries) having accepted the MoU: 31 (13 Full member countries; 18 ITC Countries)
- Number of Action members 124 (74 Full; 50 ITC)

COST Member and Acceptance Date

AL 09/11/2018
BA 19/09/2017
BE 08/11/2017
BG 22/09/2017
HR 15/07/2017
CY 23/03/2018
CZ 24/10/2017
DK 13/10/2017
EE 09/10/2017
FR 25/01/2018
DE 14/08/2017
EL 12/09/2017
HU 07/08/2017
IE 13/09/2017
IL 18/07/2017
IT 19/09/2017
LT 13/10/2017
LU 25/109/2017
MT 16/07/2017
ME 23/01/2018
NL 01/08/2017
PL 13/09/2017
PT 19/09/2017
RO 12/02/2018
RS 05/10/2017
SI 09/11/2018
ES 23/08/2017
SE 26/09/2017
CH 13/07/2017
UK 28/07/2017
MK 14/07/2017

EU-PUI. Participating COST Members (Sept 2019)

Action Observers

Approved:

Australia (Brakoulias, Yucel)
Brazil (Fontanelle),
Canada (van Ameringen),
China (Lie)
Japan (Matsunaga)
South Africa (Lochner, Stein)
USA (Rodriguez, Hollander, Potenza)
Georgia (Kirtava)
USA (Grant)
Australia (King)
Japan (Isobe)
USA (Geller)

Going through approval:

Cuba(Valdes-Sosa, Hernandez)
Mexico (Nicolini)
Kosovo (Gerguri)
Morocco (Nafil)

STSMs: updates and new projects

WG 2 Training and Mentorship - EU-PUI CA 16207

Giovanni Martinotti, Copenhagen, 12th Sept 2019

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1. ITC (Inclusiveness Target Countries) grants (2 since Warsaw)

2. STSMs grants (0)

ITC (Inclusiveness Target Countries) grants

1. Dr Octavian Vasciliu, “Dr. Carol Davila” UNIVERSITY EMERGENCY CENTRAL MILITARY HOSPITAL, ROMANIA, 23rd WORLD CONGRESS OF SOCIAL PSYCHIATRY

Title:

1. Vasiliu O, Sirbu CA, Dobrescu L, Vasile D. Therapeutic management in cases of Internet addiction disorder and alcohol use disorder dual diagnosis.

2. Vasiliu O, Vasile D, Sirbu CA, Dobrescu L. Internet gaming disorder in elderly patients- a case series.

3. Vasiliu O, Sirbu CA, Dobrescu L, Vasile D, Morariu EA, Stanescu R, Manolache RE, Alexandru IA, Ghenoiu I, Lecu RA, Gionea IM. Current status of a postmodernist pathology- online shopping disorder.

4. Vasiliu O, Sirbu CA, Dobrescu L, Vasile D, Mangalagiu AG, Petrescu BM, Tudor C, Candea C, Ungureanu D, Miclos M, Draghici A, Florescu C. Advances in defining social network site addiction.

5. Vasiliu O. Therapeutic management of Internet sex addiction and schizophrenia dual diagnosis.

2. Artemisa Dores, University of Porto, Portugal, Lisbon Addictions, Oct 2019

Title: Problematic Usage of Internet: From assessment to intervention

Short Term Scientific Missions (STSM)

Short-Term Scientific Missions (STSMs) allow scientists to learn from an institution or laboratory in another COST country - a concept of particular interest to young scientists

Short Term Scientific Missions (STSM)

We received and granted one application for Grant period 3.

Prof Pau, Title: Ontology of PUI – starting Danish-Georgian cooperative project regarding PUI terminology and mapping.

Unfortunately due to changes that COST have initiated, capping the maximum travel amount to 300 euro, this STSM was no longer viable.

These changes will have a effect on future STSM’s, limiting travel options and destinations.

Short Term Scientific Missions (STSM)

Future directions:

1) To build a connection with countries where Internet Problematic Use has its higher prevalence

2) To assess the role of problematic use of internet and its association with major psychiatric disorders

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Financial report for Grant period 3 (May 2019- Sept 2019)

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Financial plan period 3

A. COST Networking Tools	EUR
(1) Meetings	73,170.00
(2) Training Schools 0.00	49,360.00
(3) Short Term Scientific Missions (STSM)	3,000.00
(4) ITC Conference Grant	6000.00
(5) COST Action Dissemination	1,200.00
(6) Other Expenses Related to Scientific Activities (OERSA)	1,190.00
B. Total Science Expenditure (sum of (1) to (6))	133,920.00
C. Financial and Scientific Administration and Coordination (FSAC) (max. of 15% of B)	20,088.00
Total Grant (B+C)	154,008.00

- Due to unforeseen circumstances the grant holder was changed in July 2019, from the University of Hertfordshire to IDIBELL, Barcelona.
- As a result there was an unusually long delay in approving and opening the budget for grant period 3.
- As a result of that some planned activities (including 2 ITC grants and a conference) could not be funded, for which we sincerely apologise.
- However this did mean we could extend the WG meetings in Lisbon to include WG 2 & WG 5.

Ongoing Financial Report for Grant period 3

A. COST Networking Tools EUR	Proposed	Actual spend	Forecast	Difference
(1) Meetings	73 170.00	7 285.72	68 050.00	+2 165.72
(2) Training Schools	49 360.00	0.00	49 360.00	0.00
(3) Short Term Scientific Missions (STSM)	3 000.00	0.00	3 00.00	0.00
(4) ITC Conference Grant	6 000.00	0.00	6 00.00	0.00
(5) COST Action Dissemination	1 200.00	0.00	1 200.00	0.00
(6) Other Expenses Related to Scientific Activities (OERSA)	1 900.00	0.00	1 900.00	0.00
B. Total Science Expenditure (sum of (1) to (6))	133 920.00	7 285.72	127 600.00	+965.72
C. Financial and Scientific Administration and Coordination (FSAC) (max. of 15% of B)	20 088.00	1 092.86	18 995.14	+0.00
Total Grant (B+C)	133 920.00	8 378.58	145 629.42	+0.00

CA 16207 Planned Activities. 1/5/2019-11/9/2019

Actions / CA16207 / Periods / Period 3 / Grant / Meetings

European Network for Problematic Usage of the Internet

Start	End	City	Type†	Title	Participants*				Status**
					Forecast	Estimation	Claims	Payments	
Aug 20	Aug 20	Lisbon	WG	WG 2 Meeting	[10/10]	[10/10]	[9 /10]	[0 /9]	TBR
Sep 11	Sep 12	Copenhagen	MC,WG	MC Meeting and WG Meetings	[55/55]	[31/31]	[0 /31]	[0/0]	Invitations sent
Oct 22	Oct 22	Lisbon	WG	Work group 3 meeting	[10/10]	[0/0]	[0/0]	[0/0]	Planned
Oct 28	Oct 28	TBC	W/C	PUI Information day	[10/50]	[0/0]	[0/0]	[0/0]	Planned

Actions / CA16207 / Periods / Period 3 / Grant / Training Schools

[Action] CA16207 - European Network for Problematic Usage of the Internet

Start	End	City	Title	Trainers/Trainees	Claims	Payments	Status
2020-03-02	2020-03-04	Budapest	Problematic use of the internet: An update.	[12 / 30]	[0 / 0]	[0 / 0]	Planned

Action Deliverables

Deliverable	Month
1. Quarterly reports concerning risk and management actions for the action management committee, to be repeated annually	3
2. To set up action management committee meetings, twice per year, for the duration of the action	6
3. Report on each of the work groups membership and activities, to be repeated annually	12
4. Develop a Consensus Statement on the diagnosis of PUI, in the form of a Report	12
5. Prototype clinical rating scale, for onwards validation, in the form of a report.	12
6. Develop an open-access database and launch it to all members and the public	12
7. Develop a dissemination plan, to be approved by the Action Management Committee	12
8. 1st Annual Scientific Meeting 'State of the Art and future of research in PUI'	12
9. Establish a regulations and reporting ledger and a risk management and contingency plan	12
10. to produce an annual governance report to be approved by the Action management committee, repeated annually	12
11. to produce a podcast on PUI and the work of the Action, to be repeated annually	12

Not Final Pending Revision

12. To produce a Consensus Statement on cost and burden of PUI in the form of a Report	24
13. To submit at least one networked grant application on PUI to a grant giving body	24
14. to deliver and complete certified PPI research training for PPI stakeholders in the action	24
15. Submit for peer review at least one scientific publication (poster, paper) from an early career scientist (repeat in year 3, 4)	24
16. to organise the 2nd Annual Scientific Meeting 'Cost and Burden of PUI a Cross National approach"	24
17. At least 2 papers to be submitted for peer reviewed publication in an open access journal	24
18. Symposium proposal on PUI submitted to an international scientific meeting programme committee (to be repeated in year 3)	24
19. To develop and validate a new rating scale for PUI in the form of a Report.	36
20. To submit at least one networked grant application to a grant giving body	36
21. 3rd Annual Scientific Meeting to be organised to involve relevant action members	36
22. At least 2 papers on PUI to be submitted for peer reviewed publication in an open access journal	36

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ASO validat

23. Training workshop on rating	36
24. Second workshop or Summerschool (as per year 2)	36
25. Science fair proposal	36
26. Podcast year 3	36

Monitoring and Assessment of Actions

- Achievement of MoU objectives and deliverables
- Contribution to the COST Mission and implementation of COST policies
- Dissemination and exploitation of COST Action results
- 2nd Progress Report data input form due 22/11/2019 (objectives, deliverables, impact)

Risk management

- Identified risk to underspending of the budget
  - Underspend on some previous meetings. (But not Lisbon)
  - Small number of STSM and ITC Grants in relation to the proposed spend.
  - Additional complications linked to grant holder status.

- What can we do to avoid another underspend
  - Approved Activities and spend approved by MC, which are held in reserve, should we have an underspend in the budget.
  - Ensure meetings are as well attended as possible through efficient admin and convenient timings/location
  - Overspending and Underspending should be well monitored and planned ahead.

Risk management cont; Proposed and accepted ‘reserve’ activities to be enacted in this financial period if funding is available

- 1. Filming and editing of the next training school (planned for either the end of this financial year or beginning of next; venue Budapest). Tentative costing approx. 12,000 euros.
- 2. Companion guide to PUI to be published as a popular e-book on our website, to be written and lead by Bernardo Dell-Osso in collaboration with WG5. Tentative costing approx. 2,000 euros.

Will represent a very useful informative tool for patients and families in which we cover aspects of our manifesto with a more patient oriented approach and language along with many figures. Particularly the phenotypes issue more in detail (gaming, web surfing, gambling, shopping, cyberpornography, cyberbullying, cyberchondria etc) and essential information on epidemiology, diagnostic instruments, comorbid conditions and potential therapeutics. The costing of 2000 Euros would be for the graphic and for the illustrator (1000 each). The writing would be done by COST members at no expense. The book would definitely stand as a deliverable of the overall project.

- 3. Documentary about living with PUI. With WG5. Costing to be provided by Ornella.

VOTE on which to adopt immediately.

Administrative Update

Reimbursement Rules - COST Action CA16207

Natalie Hall

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Meetings

- Accept or Decline the invitation
- Sign attendance list
- Submit you claim online with relevant supporting documents
- Claim Submission Deadline: 30 days

Accommodation and Meals

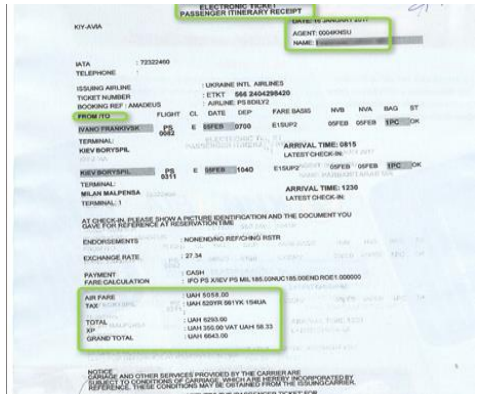
Flat rates only ! No receipts

- €120 per night
  - Maximum: Attended days + 1
- € 20 per meal
  - According to travel

Travel expenses

Flight :

- Economy
- Max € 1200

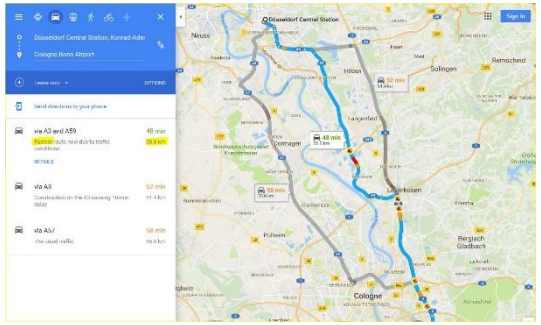


Train, Bus, Ferry :

- Cross-border
- First or second class

Car :

- Max 2000 km
  € 0.20 per km



Local transport

- Train, tram, metro, bus… (within one country)
  - 25 EUR or less no receipts
  - More than 25 EUR - ALL receipts

- Taxi
  - Max 80 EUR
  - No other means
  - 10PM – 7AM

Other travel eligible expenses

- Luggage fees
- Parking fees
- Entry visa fee

Non-eligible expenses

- Registration, lecture fees and honoraria
- Insurance (life, medical, health, luggage, etc.)
- Fuel, road tolls and car rental
- Charges for a rebooked travel ticket
- Expenses associated with obtaining visas

How to submit your Online Travel Reimbursement Request (OTRR)

Step 1/5 Accept or Decline

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e-COST

Invitation to COST Association Event

Dear Dr

You are invited to the following COST event. Please indicate below if you wish to participate.

Training School Details

Training School ID	ECOST-TRAINING_SCHOOL-TD1409-010517-087354
Title	ICMS Modellins Camp
Start Date	2017/05/01
End Date	2017/05/04
Location	ICMS, Edinburgh, United Kingdom

Step 1/5 Invitation

Please advise us if you intend to come to the event.

Accept Decline

Step 2/5 Reimbursement?

Invitation to COST Associaton Event

Mr Ertuğrul Altuntaş

Meeting Details

Meeting ID	
Title	Building with Bio-Based Materials: Best Practice and Performance Specification
Start Date	2017/09/06
End Date	2017/09/07
Location	Lisboa, Zagreb, Croatia

Step 1/5 Invitation : Accepted — Decline

Step 2/5 Reimbursement : Yes — No

If you decided to NOT submit a claim, please click the 'No' button above.

To be able to electronically sign documents, your browser needs to be activated for strong authentication. This is a one time operation for every browser used. If later on you use a different browser, you will be prompted to activate that browser before it can be used to sign documents electronically.

Please click the button below to proceed. You will receive an e-mail containing an activation code which you will be prompted to enter in the next screen.

Proceed with the activation

Note: Additional information of the Strong Authentication is available here.

Step 3/5 Fill in your travel expenses

Travel information and expenses

Please note:

- *Local organiser has paid 1 meal(s) for this meeting, which has/have been automatically deducted from the number of eligible meals that you can claim.*

Please carefully read the Travel Reimbursement Request (TRR) Rules before you encode your expenses.

Travel dates (Door to Door)

Travel Start	Date	2016-04-13	Time	10:00 - 10:59
Travel End	Date	2016-04-15	Time	22:00 - 22:59

Meeting Attendance

Please indicate by clicking on the check box below which days you attended the COST event as confirmed by you signing the attendance list.

14 Apr 16
☑

Upload receipts

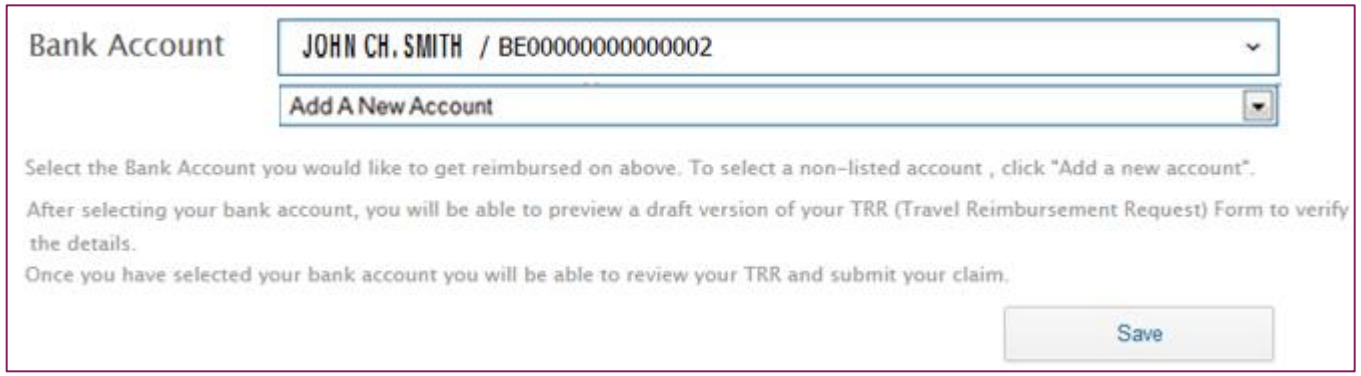
Supporting Documents

Download ALL

Attached Document 1	flight tickets	Download
Attached Document 2	taxi receipt	Download
Attached Document 3	local car travel itinerary	Download
Attached Document 4	flight invoice	Download
Attached Document 5	parking invoice	Download

Current Total

Step 4/5 Select Bank account



Step 5/5 Submission

Submission

☑ I declare that the above expenses are not being reimbursed from any other source.

The COST Association reserves the right to correct this document after signature by the participant to comply with COST Rules.

Click to submit your claim electronically. You will be prompted to enter your e-COST password to verify your identity.

Submit e-Claim

Note: Additional information of the Strong Authentication is available here.

Dr John Smith

Your online reimbursement request has been successfully submitted. You may download the Travel Reimbursement Request(TRR) in pdf format for personal filing. No further action is required from your side.

Download TRR

Meeting Details

Meeting ID	ECOST-MEETING -140416-072346
Title	Management Committee meeting
Start Date	2016/04/14
End Date	2016/04/14
Location	COST Association, 149 Avenue Louise, B-1050, 15th Floor, Brussels, Belgium

BREAK

Work Group Updates

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Work Group 1 Update

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WP1 COST Action Report

Sam Chamberlain, 3.9.2019

WP1 has a total of 126 members.

We have held the following WP1 Workgroup meetings:

- Cost Action meeting, Cologne, Germany, April 2018
- Cost Action meeting, Barcelona, Spain, October 2018
- 3-Day Cambridge International Training School and Conference on PUI (Jan 2019)
- Warsaw, April 2019

A further meeting will be held this month in Copenhagen.

The above meetings have included workshops focusing on: nosological status, diagnostic criteria, clinical rating scales, brain-based research tools and targets, grant applications, digital phenotyping, research project proposals, and consensus on PUI.

In total, at least 14 workshop research proposals have been developed and are now either completed or in progress, covering areas including: manifesto / consensus framework, Delphi study on diagnostic criteria, review of screening instruments, meta-analysis of cognition in PUI, review of treatments, media portrayal, distortions of perception, and digital phenotyping. We have published a consensus statement (Fineberg et al., Eur Neuropsychopharmacol. 2018). We have developed prototype rating scales for onwards validation (Self-report ISAAQ, and the clinician rated PUI-YBOCS). We have developed a grant application, submitted in May 2018 to MRC-Link; feedback from peer reviewers was excellent but the project was rejected at Committee stage. We are looking out for other opportunities.

We have contributed to international conference symposia at: RCPsych June 2018, UK SSA Nov 2018, EPA Warsaw April 2019, ICBA Japan 2019, WPA Lisbon 2019. We have a symposium accepted for CINP, 2020, in Taipei.

In terms of peer-reviewed publications in PubMed listed journals, the COST Action has supported approximately 15 review papers and 10 data papers, with many more planned.

Criteria: acknowledges COST funding explicitly AND/OR at least 3 COST members as co-authors, from different countries; manuscript published or accepted for publication in a peer-reviewed journal.

Alphabetical order

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Work Group 2 Update

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WG2- Training and mentorship

Progress Report of COST Action CA16207
European Network for Problematic Usage of the Internet

On the behalf of Group Leaders

Ornella Corazza &

Giovanni Martinotti

Copenhagen 2019

COST is supported by
the EU Framework Programme
Horizon 2020

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key objectives/ activities undertaken
Group Meetings

Two successful meetings organised during the reporting period in Warsaw (April 2019) and Lisbon (August 2019). A wide range of topics were discussed ranging from mentorships to training and citizenship involvement.

key objectives/ activities undertaken
Education grant submission

- An Erasmus+ grant application was submitted for the development of online training opportunities on PUI for health professionals working in the field.
- The grant was unfortunately rejected and WG2 members are currently exploring opportunities for a resubmission.

key objectives/ activities undertaken

Presentation at international symposium

- a joint workshop proposal on PUI has been successfully accepted at Lisbon Addictions in October 2019.

- COST members (Corazza, Monteiro, Bowden-Jones, Demetrovics) will also be delivering talks and chairing sessions at this event which typically attracts over 1500 participants internationally.

key objectives/ activities undertaken

Book on PUI

- A case studies collection on PUI was commissioned in the form of three books by Cambridge University Press. The work edited by Bowen-Jones; Corazza; Finberg will include contributions by works group members among others.

Short-term scientific missions (STSM)

Short-term scientific missions (STSM) are exchange visits between researchers involved in a COST Action, allowing scientists to visit an institution or laboratory in another COST country. They are aimed at fostering collaboration, scientific production, sharing new techniques and infrastructure that may not be available in other participants' institutions or laboratories.

Period and length of the mission: the minimum duration for an STSM is 5 days, maximum duration is 180 days.

Short-term scientific missions (STSM)

Candidates: The STSM applicant can be, in a large sense, any person with an e-COST profile. An STSM applicant must specifically contribute to the research coordination and capacity building objectives of the COST Action for which they are submitting a STSM application.

The STSM are intended especially for early career investigators (ECI). ECIs are researchers within a time span of up to 8 years from the date they obtained the PhD/doctorate or a young investigator employed by, or affiliated to, an institution, organisation or legal entity which has within its remit a clear association with performing research. Specific provisions have been made to encourage the application submission by researchers from ITC countries.

In the previous grant period:

Dr. Artemisa Dores spent her STSM period at the Nottingham Trent University, in the following period 2019-02-03 - 2019-02-10, developing a project entitled: **“The need of more ecological studies in gambling/gaming disorder**”. She is planning to submit a manuscript and different abstracts for conferences related to the topic of the mission and PIU in general. She was supervised by Dr. Filipa Calado at the Nottingham Trent University.

Dr. Mauro Pettorruso has visited the Department of Psychiatry and Behavioral Neuroscience, University of Chicago, under the supervision of Professor Jon Grant. He has contributed to the develop a longitudinal study of young adults with two aims.

Aims: 1) to examine internet addiction and cognitive variables, as well as gender issues and COMT genotyping; 2) to develop a new survey of young adults for internet addiction, narcissism, pathological lying, and cognitive variables.

Results are under publication.

WG2- Training and mentorship
Next steps

- **Audio video material.** Production of audio-video material on PUI for education purposes. This will include **filming and editing of the past (Cambridge) and next training school (Budapest)** - to be planned for either the end of this financial year or the beginning of the next.
- The production of a **documentary film on PUI is also under discussion.**
- **Case studies collection**: three books to be published by Cambridge University Press (Editors Dr Bowden-Jones; Dr Corazza; Prof Fineberg)
- **PUI Workshop** and conference presentation in Lisbon, October 2019
- **2 STSM and more ITC grants (networking opportunities?)**
- **Training School: to be organised in Budapest in Spring 2020**
- **Next WG 2 meeting:** October 2019

Work Group 3 Update
Dissemination, Impact and Exploitation

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For COST Action CA16207, 02/2019–09/2019 was a period of growth and progress. We continued to pursue our dissemination strategy as it was foreseen in the dissemination plan. While we were pleased with the consistent performance of our scientific dissemination, we faced some difficulties in our internal communication/collaboration (e.g. planning on database and national task that might have adversely affected our overall performance).

Despite these challenges, we further expanded our followers group in social media. Most importantly, we successfully presented our action in various national and international scientific conferences, as there continues to be an increasing interest in the topic. We remain committed to providing quality information that meet this growing need of professionals and public and with our collaborative projects to advance research into PUI.

We would like to thank Action's members you for the support their insights provides, it is key to our Action's future growth and success.

Z Demetrovics, J Burkauskas

Dissemination, Impact, Exploitation Activities to date

- Website maintained and updated
- Social media maintained
- Podcasts by National dissemination representatives (available on the website) – **First podcast planned on September 5th.**
- Proposal for a science fair – **Science fair identified on August 7th looking for volunteers to write a proposal**
- Database of members and activities – **Partial completion (Office 360 has been obtained, currently developing a Team site)**
- Submissions of National Dissemination plans – **Partial completion**

Dissemination, Impact, Exploitation Activities to date

- 2019 September 8th ECNP Debate S12. Screen time, problematic use of internet and e-addictions: science or fiction? (Carmi, Demetrovics, DellOsso, Fineberg, Potenza)
- 2019 September 6th COST Info day in Lithuania. Dr. Julius Burkauskas presents Net&Me COST Action Ca16207.
- 2019 September Dr. Matthias Brand et al. review published in Neuroscience Biobehavioral Reviews highlighting that Addictive behaviors are linked to cue-reactivity and craving; Addictive behaviors are associated with diminished inhibitory control; Habitual behaviors are developed in the process of addictive behaviors; An imbalance between fronto-striatal circuits contributes to addictive behaviors.

  Matthias Brand, Elisa Wegmann, Rudolf Stark, Astrid Müller, Klaus Wölfling, Trevor W. Robbins, Marc N. Potenza. The Interaction of Person-Affect-Cognition-Execution (I-PACE) model for addictive behaviors: Update, generalization to addictive behaviors beyond internet-use disorders, and specification of the process character of addictive behaviors, Neuroscience & Biobehavioral Reviews, Volume 104, 2019, Pages 1-10, ISSN 0149-7634, https://doi.org/10.1016/j.neubiorev.2019.06.032.

- 2019 September COST Info day in Montenegro. Prof. Marko Gošović and Doc. Dr Anđela Jakšić Stojanović presents Net&Me COST Action Ca16207.

Dissemination, Impact, Exploitation Activities to date

- 2019 August 19 Our COST Action‘s representative Dr. Henrietta Bowden-Jones comments on the situation that addicted teenagers travelling to overseas clinics as there are no NHS facilities to treat gaming disorder: https://www.theguardian.com/society/2019/aug/18/gap-in-nhs-provision-forcing-gaming-addicts-to-seek-help-abroad?fbclid=IwAR0JPuxq0E3JbZ99NKpHrqLKUI46cVBwDdWdCmJ5Wac6hvJdiqqzlIN6CHw
- 2019 August 21-24th 9th World Congress of Psychiatry, Lisbon.
- 2019 August 21st Symposium scientific session; Behavioural addiction; a research and clinical update (Chamberlain, Grant, Muller, Fineberg)
- 2019 August 22nd State of the Art Symposium 04; Update on obsessive compulsive and related disorders. (Zohar, DellOsso, Fineberg, Stein)

Dissemination, Impact, Exploitation Activities to date

- 2019 July 9th Tomczyk, Łukasz, and Roman Solecki. "Problematic internet use and protective factors related to family and free time activities among young people." *Kuram ve Uygulamada Egitim Bilimleri* 19.3 (2019): 1-13.
- 2019 June 17 Our Net&Me COST Action Ca16207 team visits Yokohama, Japan to attend 6th International Conference on Behavioral Addictions.

  Important topics were covered including exercise addiction by Dr. Ornella Corazza, excessive work by Dr. Zsolt Demetrovics, other specified disorders due to addictive behaviors by Dr. Matthias Brandt and Dr. Mark Potenza. Darryl Kenneth Mead presented his view on how do the nine “key research priorities to advance the understanding of PUI” set out by the world’s leading behavioral addiction researchers in the Manifesto for a European research network into Problematic Usage of the Internet align with the diverse needs of the different professional and consumer communities affected by problematic use of pornography.

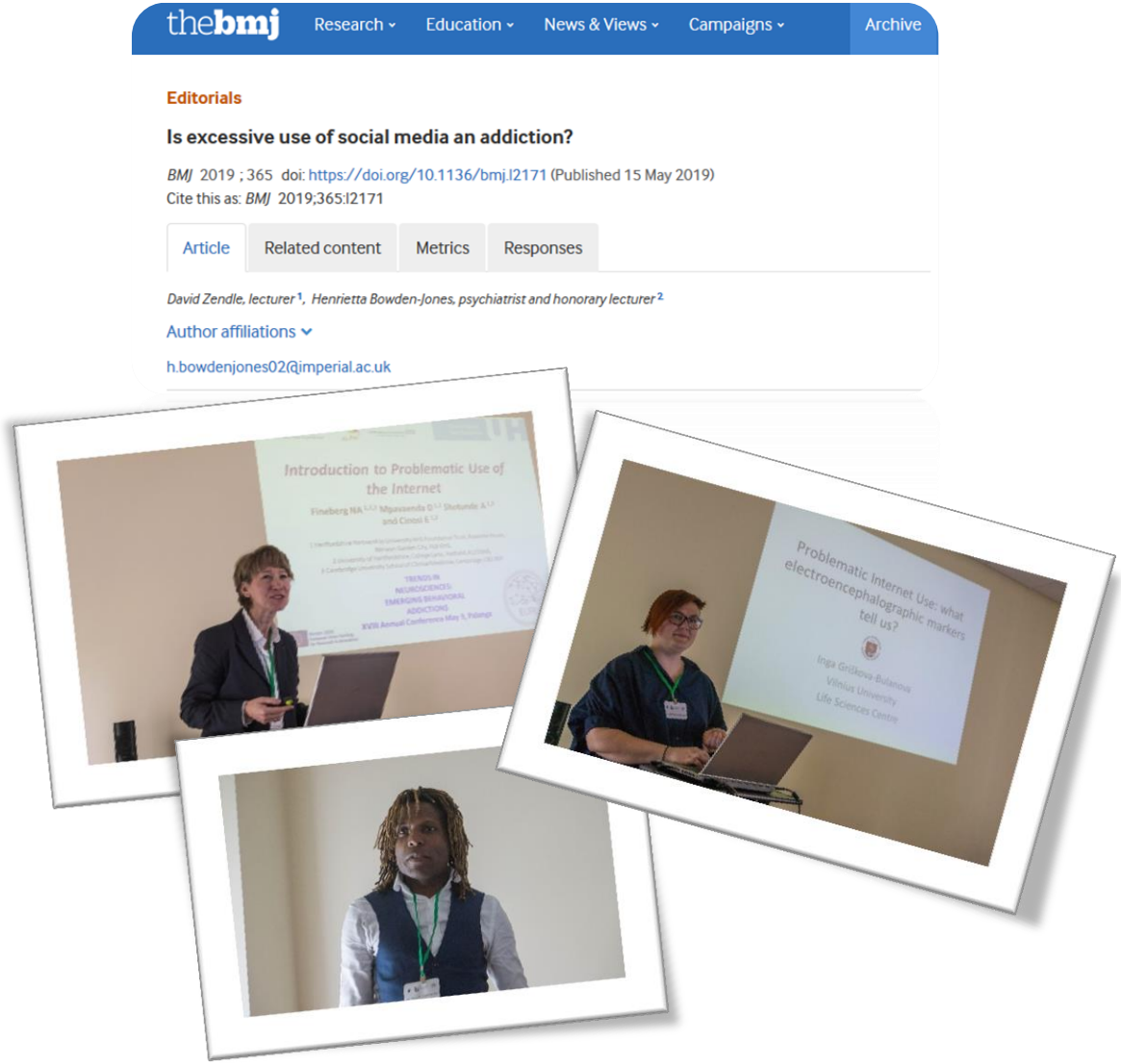
- 2019 June 14. EU-PUI Newsletter - update on our achievements and future directions.

Dissemination, Impact, Exploitation Activities to date

- 2019 May 30. Net&Me COST Action Ca16207 members Dr. Matthias Brand, Dr. Hans-Jürgen Rumpf, Dr. Zsolt Demetrovics, Dr. Daniel L. King, Dr. Marc N. Potenza and Dr. Elisa Wegmann review of recent literature. Brand, M., Rumpf, HJ., Demetrovics, Z. et al. Curr Addict Rep (2019). https://doi.org/10.1007/s40429-019-00258-y
- 2019 May 24th to May 25th Lithuanian Psychology Congress. Special symposium dedicated to PUI. Vilnius, Lithuania
- 2019 May 22nd to May 25th, Serbian Psychological Society 67 th Congress of Psychologists of Serbia “Psychology in new age: Challenges of (re)humanization”. Zlatibor, Serbia.

Dissemination, Impact, Exploitation Activities to date

- 2019 May 15 David Zendle and Our Net&Me COST Action Ca16207 member Henrietta Bowden-Jones share their perspective on social media addiction in BMJ.COM. Editorials. Is excessive use of social media an addiction? BMJ 2019; 365 doi: https://doi.org/10.1136/bmj.l2171 (Published 15 May 2019) Cite this as: BMJ 2019;365:l2171
- 2019 May 3rd Lithuanian University of Health Sciences, Neuroscience Institute XVIII Annual Conference “Trends in Neurosciences: Assessment and Cognitive-Behavioral Interventions” symposium on PUI on in Palanga, Lithuania
- 2019 April 30 Our Net&Me COST Action Ca16207 member Prof. Mark Potenza interviewed by Diane Sawyer for a ABC 20/20 episode on gaming, screen time and internet use.



Dissemination, Impact, Exploitation Activities to date

- 2019 April 12 Andreja Istenic Starcic appointed as a national representative of Action in Slovenia.

- 2019 March 3rd PUI Cost Action presented to students at University Mediterranean (Faculty of Visual Arts). http://fvu.unimediteran.net/index.php/en/news-and-notifications/910-presention-of-cost-action-problematic-usage-of-internet-at-unim Students learned about the Action goals and the methods how they can contribute to the Action. Prof. Marko Gošović and Doc. Dr Anđela Jakšić Stojanović

Looking ahead:

- **2019 October 23 Two symposiums on PUI at Lisbon Addictions 2019, the third European Conference on Addictive Behaviours and Dependencies, is a multidisciplinary conference that provides a forum for networking across the addictions.**

- **2019 October 25-28 PUI dedicated symposium for the World Congress of Social Psychiatry in Bucharest, Romania.**

Work Group 5 Update

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Work Group 5: Citizens Involvement

Report of Activities #1

April-September 2019

WG5 Citizens Involvement - Members

- Andreja Istenic Starcic andrejaistenicstarcic@gmail.com
- Anna Maria Vella anna-maria.vella@um.edu.mt (WG Co-Leader)
- Andres Fontalba Navas andres.fontalba.sspa@juntadeandalucia.es
- Biljana Gjoneska biljanagjoneska@manu.edu.mk
- Célia Sales celiasales@soutodacasa.org (WG Leader)
- Daniel Moreno Sanjuan daniel.moreno.sspa@juntadeandalucia.es
- Francisco Luís Baptista de Sá Machado fmachado@ismai.pt
- Hall, Natalie n.hall4@herts.ac.uk
- Julia Jones j.jones26@herts.ac.uk (WG Co-Leader)
- Katerina Flora k.flora@nup.ac.cy
- Liljana Ignjatova liljana.kitevaignjatova@yahoo.com
- Philip Bonanno philip.bonanno@um.edu.mt
- Piedade Vaz pvaz@mat.uc.pt

WG5 Management

- We started to use Trello, to organize information and collaboratively work at distance
- 4 Skype meetings so far

Citizens Involvement in Science: What is it?

- Doing research '**with**' or '**by**' members of the public rather than '**to**', '**about**' or '**for**' them (INVOLVE 2012, www.invo.org.uk)
- Also known as: Public and Patient Involvement (PPI), Public Involvement *or* engagement; Citizen Science

WG5 Citizens Involvement Strategy

- To actively involve young people, parents, teachers, health professionals and other relevant stakeholders in the research and decisions taken over the course of the Action and in the dissemination of results
- To create a collaborative youth panel and involve them in the activities of the WG5
- To actively network with national and international youth panels and representatives
- To define further aims and tasks collaboratively with other WGs

WG5 Citizens Involvement Plan & achievements

1. To consult with citizens regarding research priorities, methods of involvement & training needs
   - Multi-national pilot consultation exercise with young people, parents and health care professionals
2. To consult with COST PUI network members regarding research priorities, methods and existing citizen involvement
   - Online survey; led by a young researcher receiving a STSM
   - Expected to start January 2020
3. To promote collaboration/participatory research within COST projects – PUI research for all
   - Collaborative work plan with other Work Groups
   - Co-joint meetings WG2-WG5 (Lisboa, August 2019), W1-WG5 (Copenhagen, Sept 2019), W13-WG5 to be planned

Questions for consultation exercise with young people

- What does PUI mean to you?
- What is problematic? According to Young people and others
- What are important issues?
- Do you (or friends) have this (PUI)?
- What should we be doing research on? Key questions?
- How can we ask young people about PUI?
- What do you think parents/guardians/family would define as problematic?
- How to involve in this Cost Action (idea of a PPI reference group?)

Questions for consultation exercise with parents, teachers and healthcare professionals

- What does PUI mean to you?
- What is problematic?
- What do you know about PUI?
- What are important issues?
- Is it a problem for you/your children?
- What should we be doing research on? Key questions?
- What are the training and education needs about a) PUI research and b) getting involved in research on this topic?

Progress report

WG4- Management, Governance and Quality Assurance

Edna Grünblatt (Switzerland)

Net&Me

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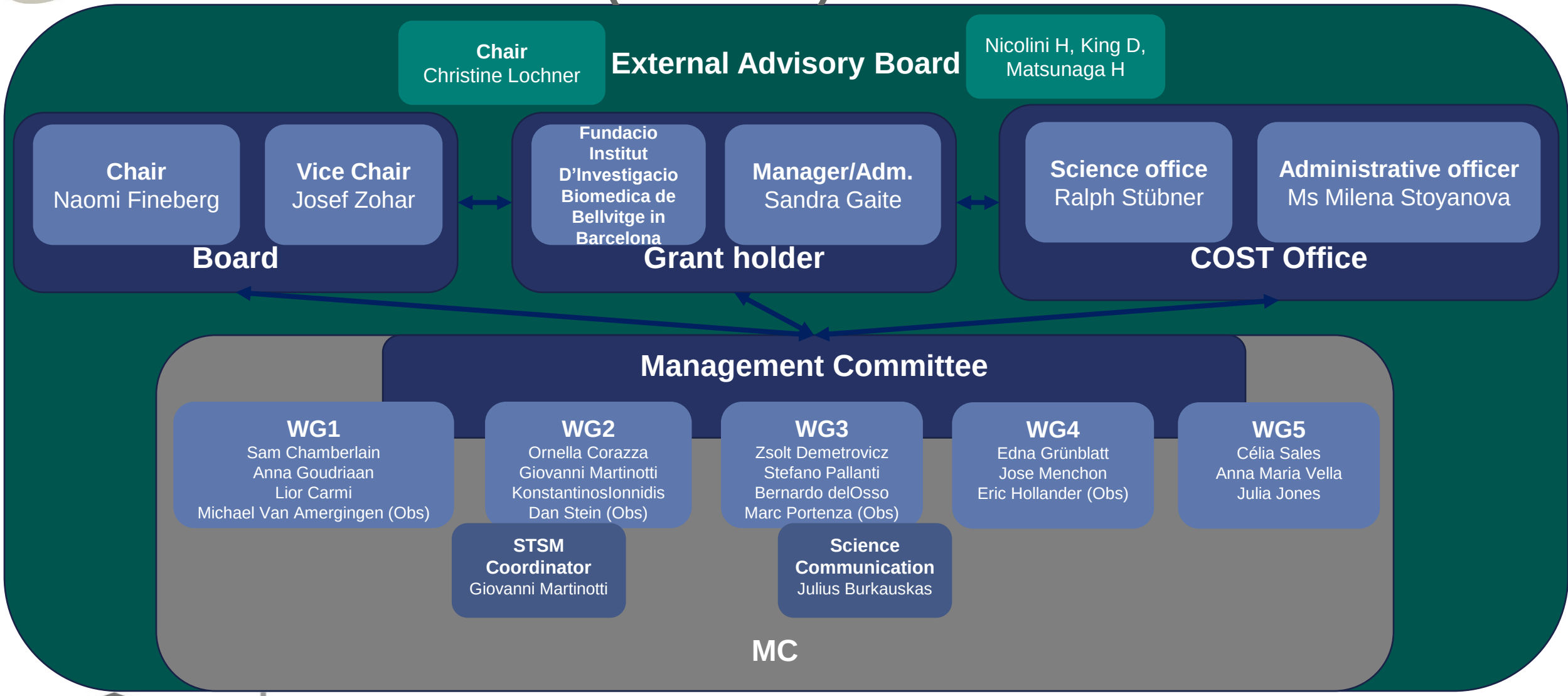
WG4 – Management, Governance & Quality Assurance

- Since the beginning of the COST action we had six WG4 meetings (23.10.2017; 11.12.2017; 12.02.2018; 22.4.2018; 6.6.2018, 11.10.2018, 5.4.2019). 7th is the currently at the Copenhagen 11th Sept 2019 meeting.
- EU-PUI in place- increased public profile + press release of the Manifesto (5th Oct 2018).
- Interviews with action members:
  (1) Henrietta Bowden-Jones (Sky Interview 5th Oct 2018)
  (2) Naomi Fineberg (BBC Interview 5th Oct 2018)
  (3) Naomi Fineberg (BBC Interview 9th Oct 2018)
  (4) Henrietta Bowden-Jones also gave a speech in the UK parliament on Online Gaming Disorder (26th March 2019)
  (5) Henrietta Bowden-Jones comments on PUI travelling to overseas clinics in The Guardian (19 Aug 2019)
  (6) Prof. Mark Potenza interviewed by Diane Sawyer for a ABC 20/20 episode on gaming, screen time and internet use (30 April 2019)

Governance structure (CA16207)



WG4 – Management, Governance & Quality Assurance

- COST Have now created a new position of ITC Conference grant Coordinator. This role currently taken by Giovanni Martinotti, who coordinates the STSM programme, volunteers to take on this role, especially from ITC countries would be welcome.

Vote

- To ensure the public-patient involvement (PPI) delivery of WG2, a new WG5 was created “Citizens Involvement” lead by Célia Sales, with the co-leads of Anna Maria Vella & Julia Jones.

WG4 – MC In Place

- 53 MC Member and 33 MC Substitutes from 31 Countries.
- 22 Add Hoc members from the same 31 countries
- 15 International Observers from 8 Countries.
- Each country has been asked to put forward a member/members to be a National Representative. The National Representatives will organize and disseminate all activities at a local level. So far we have 22 countries with a national representative. Missing from HR, CZ, IL, IT, LU, NL, ES, SI, CH, !!! PLEASE nominate one person from your country !!!

Summary of Achievements of all WGs

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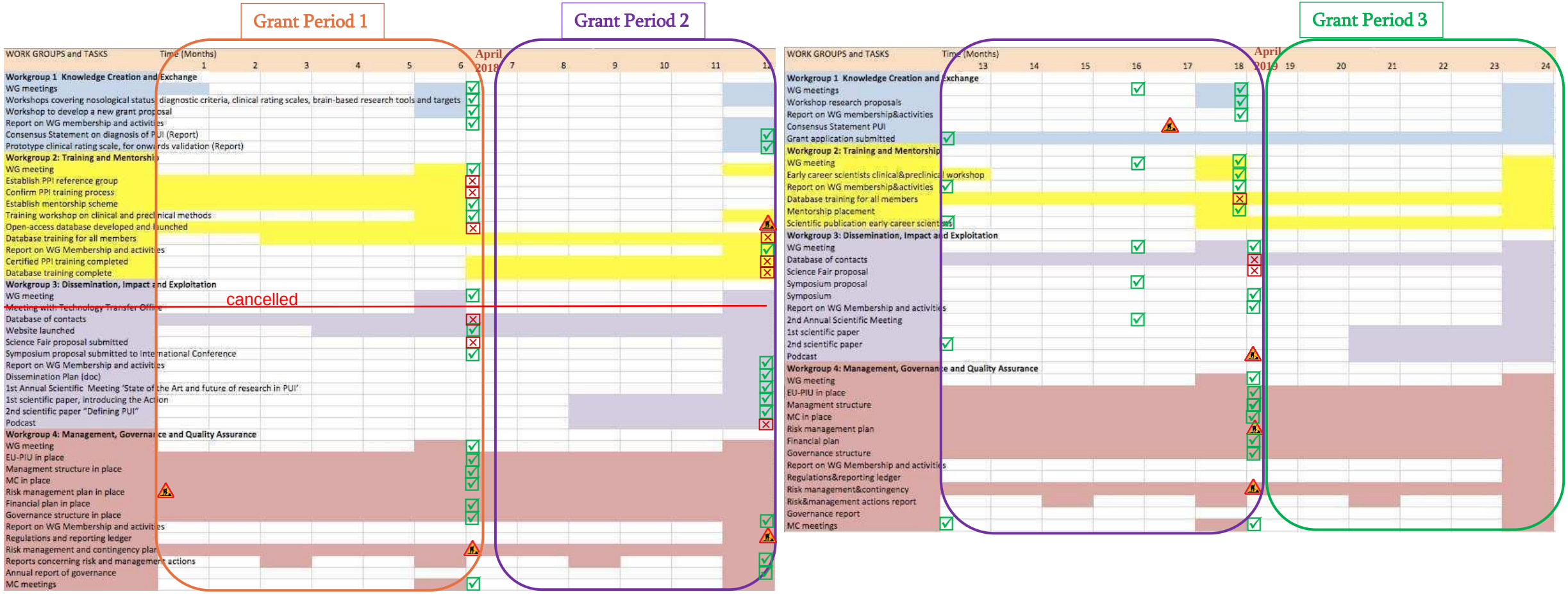
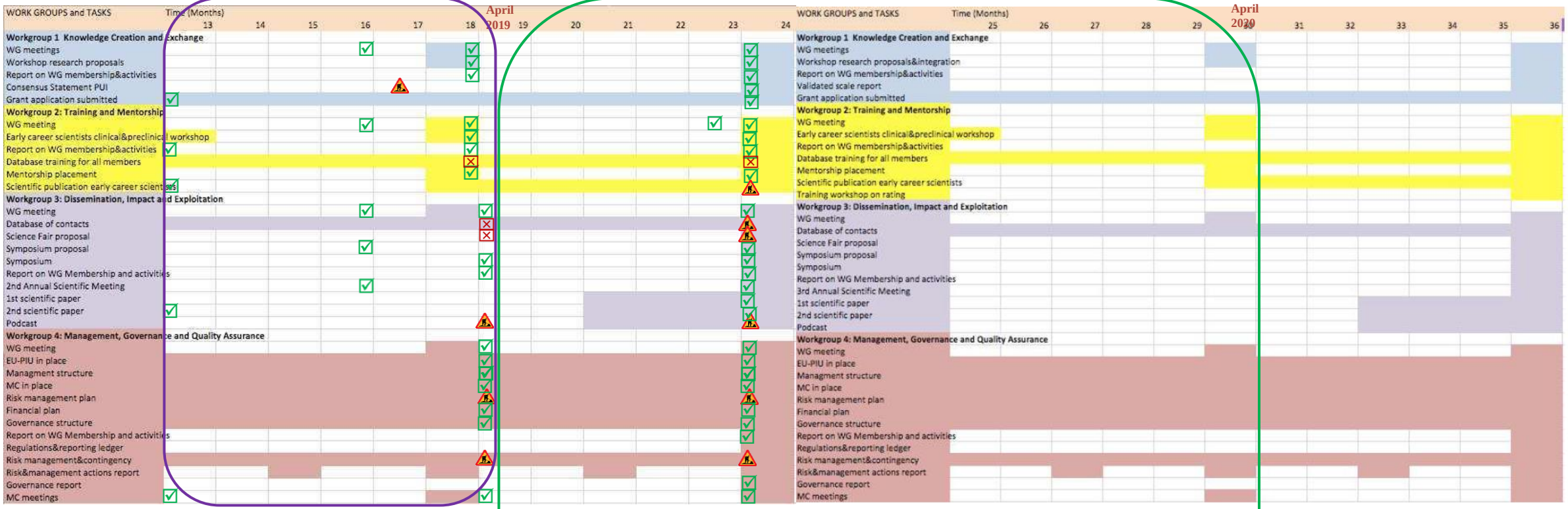
Summary of WGs achievements-1



Summary of WGs achievements-2

Grant Period 3



Workgroup 5: Citizens Involvement							
WG Meeting					☑	☑	
Establish PPI reference group	☑					☑	
Confirm PPI training process						⚠	
Report on WG membership and activities						☑	
Certified PPI training completed						☒	

Workgroup 5: Citizens Involvement						
WG Meeting						
Establish PPI reference group						
Confirm PPI training process						
Report on WG membership and activities						
Certified PPI training completed						

Regulation and reports

WG4 –Regulations and reporting ledger

first draft has be created and approved at the Warsaw MC meeting March 2019.

The regulations are as follow:

- Quarterly reports from WG1-WG4 should be provided to Chair and steering committee. Following, reports will be circulated/put online into the MC members online website.
- Quarterly risk managements from each WG will be submitted to the action administrator Natalie Hall to be assessed, following by a final report by Mrs Hall.
- Reports and risk management will be placed online for all MC members access.
- Membership applications will need to be approved by MC.
- STSM and ITC applications needs to adhere the deadlines and application requirements to be assessed by the external advisory board according to already defined quality criteria.
- STSM and ITC grantees must provide reports to be placed online in order to be reimbursed.
- Participants in workshops, conferences, and training will receive reimbursement and/or attendance certificate only after filling feedback questionnaire for quality assurance.
- Any new peer-reviewed publications that have arisen with COST support or in collaboration with COST-PUI members should be reported to WG1 in order to update the list of publications. Criteria: acknowledges COST funding explicitly AND/OR at least 3 COST members as co-authors, from different countries; manuscript published or accepted for publication in a peer-reviewed journal.

WG4 – Governance report and MC meetings

- The governance report has been submitted and approved by the Chair on 5th Sept 2019.
- The next MC meeting (first in this grant period) is planned for the 12th Sept 2019 in Copenhagen at which MC approval of the report will be requested.

External Advisory board activities

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External Advisory board activities since March 2019

(Lead Christine Lochner)

- The board has evaluated our second period report, with a letter on 18.3.2019 supporting the work done.
- Evaluated ITC applications submitted

Financial Plan

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Financial plan period 3

A. COST Networking Tools	EUR
(1) Meetings	73,170.00
(2) Training Schools 0.00	49,360.00
(3) Short Term Scientific Missions (STSM)	3,000.00
(4) ITC Conference Grant	6000.00
(5) COST Action Dissemination	1,200.00
(6) Other Expenses Related to Scientific Activities (OERSA)	1,190.00
B. Total Science Expenditure (sum of (1) to (6))	133,920.00
C. Financial and Scientific Administration and Coordination (FSAC) (max. of 15% of B)	20,088.00
Total Grant (B+C)	154,008.00

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Ongoing Financial Report for Grant period 3

A. COST Networking Tools EUR	Proposed	Actual spend	Forecast	Difference
(1) Meetings	73 170.00	7 285.72	68 050.00	+2 165.72
(2) Training Schools	49 360.00	0.00	49 360.00	0.00
(3) Short Term Scientific Missions (STSM)	3 000.00	0.00	3 00.00	0.00
(4) ITC Conference Grant	6 000.00	0.00	6 00.00	0.00
(5) COST Action Dissemination	1 200.00	0.00	1 200.00	0.00
(6) Other Expenses Related to Scientific Activities (OERSA)	1 900.00	0.00	1 900.00	0.00
B. Total Science Expenditure (sum of (1) to (6))	133 920.00	7 285.72	127 600.00	+965.72
C. Financial and Scientific Administration and Coordination (FSAC) (max. of 15% of B)	20 088.00	1 092.86	18 995.14	+0.00
Total Grant (B+C)	133 920.00	8 378.58	145 629.42	+0.00

CA 16207 Planned Activities. 1/5/2019-11/9/2019

Actions / CA16207 / Periods / Period 3 / Grant / Meetings

European Network for Problematic Usage of the Internet

Start	End	City	Type†	Title	Participants*				Status**
					Forecast	Estimation	Claims	Payments	
Aug 20	Aug 20	Lisbon	WG	WG 2 Meeting	[10/10]	[10/10]	[9 /10]	[0 /9]	TBR
Sep 11	Sep 12	Copenhagen	MC,WG	MC Meeting and WG Meetings	[55/55]	[31/31]	[0 /31]	[0/0]	Invitations sent
Oct 22	Oct 22	Lisbon	WG	Work group 3 meeting	[10/10]	[0/0]	[0/0]	[0/0]	Planned
Oct 28	Oct 28	TBC	W/C	PUI Information day	[10/50]	[0/0]	[0/0]	[0/0]	Planned

Actions / CA16207 / Periods / Period 3 / Grant / Training Schools

[Action] CA16207 - European Network for Problematic Usage of the Internet

Start	End	City	Title	Trainers/Trainees	Claims	Payments	Status
2020-03-02	2020-03-04	Budapest	Problematic use of the internet: An update.	[12 / 30]	[0 / 0]	[0 / 0]	Planned

Risk management evaluation

Risk management

Risk management is conducted at a continuous manner depending on actions. Detected risks and measures:

- WG1- no delays, however grant applications not successful ➔ Use search machines for targeted grants? e.g. Research Professional website www.researchprofessional.com to increase potential calls.
- WG2- number of STSM assigned are still rather low ➔ Increase the advertisement and invitations of young scientists to apply- e.g. Tweeter, LinkedIn, emails, website etc..
- WG2-Database training is incomplete ➔ Increase the number of members working on this task- apply for grants to support the financial?
- WG3- Website is not updated in all sectors (e.g. who we are, members, national representatives, resources= a list of all papers resulted from the COST, Entitled Grants=update the dates!, etc.) ➔ Volunteers needed to help the web administrator to see that all data is updated.
- WG3- Science fare proposal is not yet written ➔ Call for volunteers, or members of WG3 should take the lead.
- WG3- Podcast is not uploaded ➔ The web administrator and WG3 to coordinate this with each national representative.
- WG4- risk management plan ➔ will be conducted in a continuous manner according to the tasks and deliverables.
- WG5- PPI Training process and certification has not yet been finalized ➔ work on this topic in the WG members.
- Grant holder/Management- planned budget capacity and efficiency ➔ Get more members to participate in COST meetings and advertise more the ITCs and STSMs ➔ invite people to the meetings in advance, and not in short notice!

Scientific Planning

Naomi Fineberg and Natalie Hall

Copenhagen, Sept 2019.

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Funded by the Horizon 2020 Framework Programme
of the European Union

Content

- Planned Meetings and Activities

Work Group 1

- Outstanding from Period1/2
  - Reach Agreement on Prototype Clinical Ratings Scale – for reports, training and implementation
- Ongoing Goals
  - Grant submissions
  - 2nd and 3rd Scientific Meeting (with WG3) - possibly alongside planned training school in Hungary.

Work Group 2

Outstanding from Period 1/2

- Open access database
- Database training
- Clinical and preclinical workshop

Ongoing Goals

- Production of a documentary film on PUI is also under discussion.
- Case studies collection: three books to be published by Cambridge University Press (Editors Dr Bowden-Jones; Dr Corazza; Prof Fineberg)
- PUI Workshop and conference presentation in Lisbon, October 2019
- 2 STSM and more ITC grants
- Training School: to be organised in Budapest in Spring 2020 (to include rating scales)
- Next meeting: October 2019

Work Group 3

Outstanding from Period 1/2

- Science Fair proposal
- Podcasts (National Reps)
- 2nd Annual Scientific meeting on cost and burden an international approach

Ongoing goals

- Symposium proposals
- Scientific Publications
- 3rd Scientific Meeting- topic TBC
- Updating the Website

Work Group 4

- Outstanding from Period 1/2
  - Report arrangements in place
  - Risk Management arrangements in place
- Ongoing goals
  - Quality and assurances review and reporting.

Workgroup 5.

Ongoing goals

PPI Reference Group

- Identify Existing PPI groups
- Create Lay Summary materials
- Arrange PPI Meetings, Training Activities and Focus groups.

Communications Group

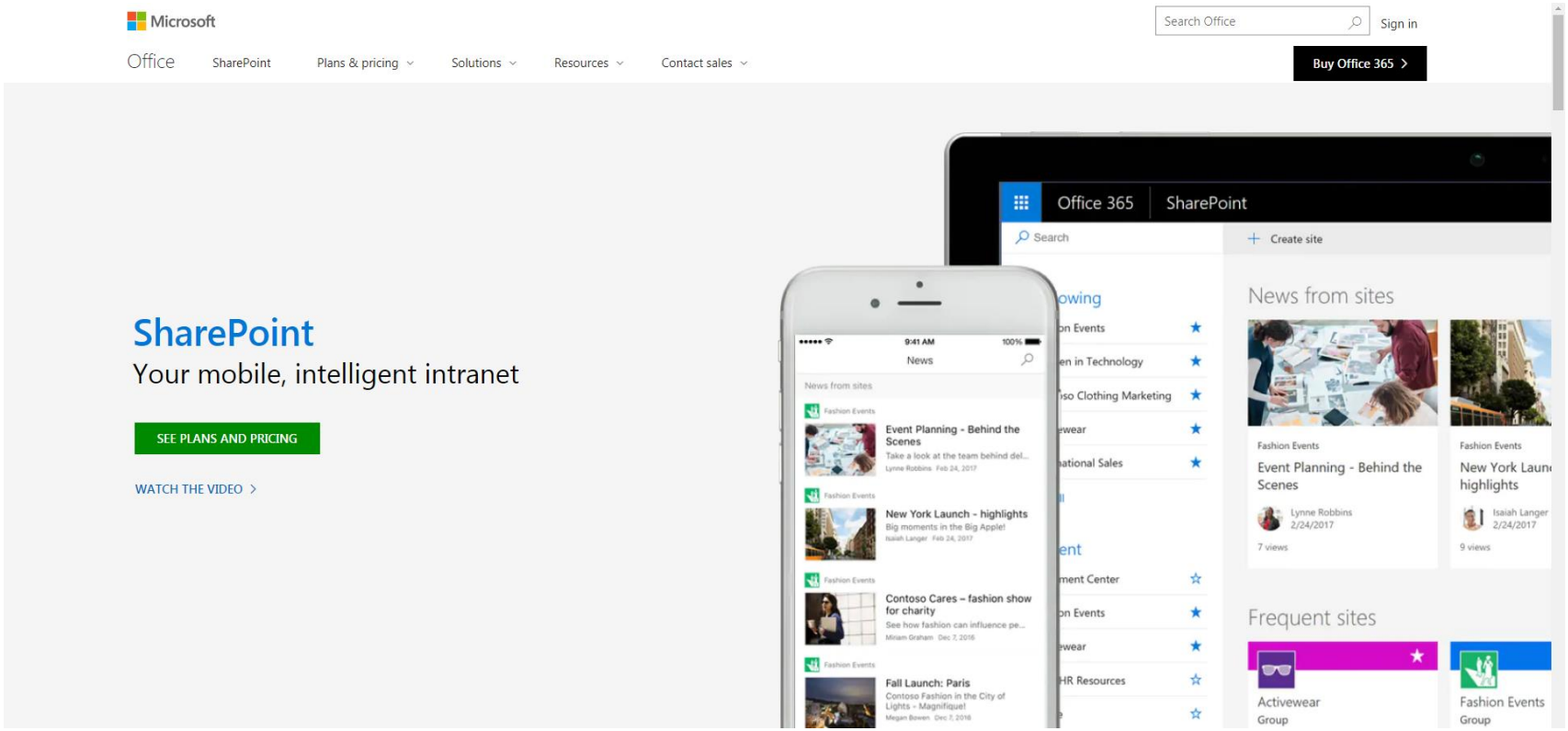
We need to set up this group to implement website update, database and social media activities.

- 2-3 Members competent in Wordpress or HTMI editing
- Update Website and generate interest in the site
- Increase followers to Facebook and twitter.

Goals

- Easier Identification of Members
- Easier Collaboration
- Somewhere to keep information for the whole Action
- Confidentiality

Microsoft Office 365 SharePoint and Team site



WG Meetings planned in current GAP

- **WG 3 & 5; Lisbon 22/10/2019.** To review the progress of the STSM and ITC conference grant applications, as we have not had many STSM or ITC applications submitted to the action so far. To plan the structure and focus of the proposed new Training School in Hungary in 2020.

- **Training School and WG meetings,** Budapest, Hungary. March 2020.

Workshops/Conferences:

- CINP World Congress June 25-28 2020 Taipei

Next MC Meeting

- ? Budapest March 2020. Venue TBC

THANK YOU !!!

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