

ITC CONFERENCE GRANT SCIENTIFIC REPORT

This report is submitted for approval by the grant to the MC Chair.

Action number: 16207 European Network for Problematic Usage of the Internet
Conference title: ECOST-CONFERENCE_GRANT-Request-CA16207-1822
Conference start and end date: 23/10/2019 to 25/10/2019
Conference attendance start and end date: 23/10/2019 to 25/10/2019
Grantee name: Artemisa Rocha Dores

ACTIVITIES DURING YOUR ATTENDANCE AT THIS CONFERENCE:

The purpose of this STSM was participate in the Lisbon Addictions 2019 (<http://www.lisbonaddictions.eu/lisbon-addictions>), to share the main findings of my research project; to share the work started in the Trent University (Nottingham) with Dr Mark Griffiths (during my STSM supported by COST CA 16207), and learn more about addictions, mainly behavioral addictions.

DESCRIPTION OF WORK CARRIED OUT

It was presented one oral communication:

“Psychobiological Approach to Pathological and Problematic Gambling and Gaming: Systematic Literature Review”

Artemisa Rocha Dores^{1,2}, Fernando Barbosa¹ and Mark Griffiths³

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It was integrated a structured session: "Problematic Usage of Internet: From assessment to intervention" with coordinated by Dr Ornella Corazza as chair.

Communication N.1

The Problematic Usage of Internet. An Overview

Zsolt Demetrovics (male)¹

¹ELTE Eötvös Loránd University, Budapest, Hungary

Communication N.2

Psychobiological Approach to Pathological and Problematic Gambling

Artemisa Rocha Dores (female)^{1,2} and Fernando Barbosa (male)¹

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Communication N. 3

Problematic Internet Use in differently diagnosed psychiatric patients

Giuseppe Bersani (male)¹

¹ Department of Medico-Surgical Sciences and Biotechnologies, Sapienza University of Rome (Italy)

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Communication N.4

Cognitive findings in Problematic usage of the internet

Konstantinos Ioannidis¹

¹ Department of Psychiatry, Cambridge University

Besides that, I have:

- attended keynote lectures, parallel sessions, and debates;
- conducted networking: established and shared contacts with experts in the field of behavioural addictions, and fostered future collaborations;
- identified possible host institutions for scientific mobility and partnerships;
- explored WG2 projects and contacted their proponents, shared ideas and settled the next steps;
- Informed national institutions (e.g., SICAD and DICAD) of the participation in this conference, in person and via social media;
- requested that this meeting was disclosed on the institutional website;
- posted information in social media.

IMPACT ON YOUR RESEARCH AND FUTURE COLLABORATIONS (if applicable)

Foster and facilitate the development of new international networks and collaborations;

Development of professional skills in the field of behavioral addictions;

Development of research in the aforementioned topic with a great impact on my work as professor, researcher and supervisor of PhD/Master students;

Strengthen partnerships in the context of the ongoing projects;

Development of competences that could be used in professional practice;

These objectives are in agreement with the mission of my professional institution, such as: working with other organizations; supporting teachers in their current professional activities and in the development of new approaches to curriculum planning, assessment and interventions in behavioral addictions; meet the advances in medicine/neuropsychology, and the changes in healthcare provision and in patient demands.

DESCRIPTION OF THE MAIN RESULTS OBTAINED

The certificates of the two oral communications were obtained;

We have explored the possibility of hosting a symposium on ICBA 2020, Nottingham, with the joint participation of Ornella Corazza, Susana Jiménez-Murcia; Fernando Fernandez-Aranda; among others.

The Twitter account of the project NetandMe was updated;

The dissemination of the oral communications was done through institutional pages and professional social networks:

<https://www.ess.ipp.pt/noticias/professora-artemisa-dores-no-lxaddictions-19>

<https://www.facebook.com/Net.and.Me/photos/pcb.2193526070748070/2193517380748939/?type=3&theater>

<https://www.facebook.com/Net.and.Me/photos/pcb.2193526070748070/2193517417415602/?type=3&theater>

During the conference, a meeting was held with members of SICAD and DICAD: Intervention Service in Addictive Behaviors and Dependencies (Serviço de Intervenção nos Comportamentos Aditivos e nas Dependências – SICAD; www.sicad.pt/)

Intervention Division in Addictive Behaviours and Dependencies (Divisão de Intervenção nos Comportamentos Aditivos e nas Dependências- DICAD, <http://www.arslvt.min-saude.pt>)

FUTURE COLLABORATIONS

Possibility of a symposium on ICBA 2020;

Possibility of integrating an european application in the field of behavioural addictions (exercise addiction), together with Dra Ornella Corazza;

It was scheduled a meeting between Dra Ornella Corazza and the coordinator of the Laboratory of Neuropsychophysiology of University of Porto (Dr Fernando Barbosa), to explore the possibility of a joint certification of a behavioural addictions training program;

Implementation of the “Riscos & Desafios” program in 2020, which aims to develop competence and prevent risk behaviors. This program is held in a partnership between DICAD and School of Health, Polytechnic Institute of Porto;

Willingness to host a STSM of members from the Vilnius University, Lithuania, regarding COST CA 16207: the planning of this STSM was started.