TRAINING SCHOOL ON THE PROBLEMATIC USE OF INTERNET
(March 16-18, 2020, Budapest, Hungary)

VENUE: Faculty of Education and Psychology, ELTE Eötvös Loránd University
Kazinczy street 23-27, 1075 Budapest (Room 4)

MONDAY (March 16)

OPENING (9.15 - 9:30)	
Welcome speech	Zsolt Demetrovics
Welcome speech	Naomi Fineberg

Training School – Session 1. (9.30-11:00)	
Methodological approaches and models in the study of problematic internet use I.	
CHAIR:	
Using network analysis to understand online behaviors	Stéphanie Baggio
The Delphi technique: a novel approach in behavioral addictions research	Jesús Castro-Calvo
Results and challenges in the field of genetic studies of behavioral addictions	Eszter Kótyuk

COFFEE BREAK (11:00-11:30)

Training School – Session 2. (11.30-13:00)	
Methodological approaches and models in the study of problematic internet use II.	
CHAIR:	
Qualitative methods in internet research	Zsuzsa Kaló
Competitive neurocognitive networks underlying behavioral addiction	Dezső Németh
Challenges of applying the concept of Recovery Capital to Gaming Disorder	Belle Gavriel-Fried

LUNCH (13:00-14:00)

Training School – Session 3. (14:00 -16:00)	
Co-morbidities, related constructs, and other phenomena	
CHAIR:	
Flow experience in different online environments: engagement to web-based activities	Tímea Magyaródi
Motivational background of video gaming and gaming disorder	Orsolya Király
Problematic usage of the internet: interaction with eating disorders	Konstantinos Ioannidis
Buying-shopping disorder on the Internet	Astrid Müller

COFFEE BREAK (16:00-16:30)

SOCIAL Program

Guided tour in Budapest (17.00 – 19.00)

Boat cruise on the Danube and Dinner (19.00-21.00)

TUESDAY (March 17)

Training School – Session 4. (9:00-11:00)	
Cyberchondria, Cyberbullying, & Cybersecurity	
CHAIR:	
Cyberchondria – A new trans-diagnostic digital compulsive syndrome	Naomi Fineberg
Cyberchondria – Measurement and related constructs	Melinda Reinhardt
General concerns of bullying prevention and intervention	Dóra Várnai
Psychology of cybersecurity	Adrien Ujhelyi

LUNCH (11:00-12:00)

COST Network - MC Meeting (12:00-16:00)

COFFEE BREAK (16:00-17:00)

PUBLIC MEETING (17.00-20.00)

Introduction	Zsolt Demetrovics
How much is too much screen time?	Dóra Várnai
Internet and smartphone use – Digital life and the two sides of the coin	Hans-Jürgen Rumpf
Case-interview	János Szemelyácz
Psychotherapy for Internet Addiction. Treatment, Challenges, Pitfalls and positive Treatment Outcome	Klaus Wölfling

COFFEE BREAK (18:30-18:50)

Learning to Deal with Problematic Usage of the Internet: A new popular e-book by COST Action CA16207	Naomi Fineberg
Case-interview	János Szemelyácz
Regulate, control or allow: How to deal with adolescents' internet use	Orsolya Király – Zsolt Demetrovics
Discussion	

WEDNESDAY (March 18)

Training School – Session 5. (9:00-11:00)	
Parenting behavior, treatment, and interventions	
CHAIR:	
The impact of parenting behaviours in preventing problematic social media use and gaming	Regina van den Eijnden
The role of parents in Problematic Internet Use of children and adolescents	Katerina Lukavska
Psychotherapy for computer- and internet addiction – a practice-guided presentation of a cognitive-behavioral treatment manual	Klaus Wölfling
Brief Interventions in Internet-related disorders: Opportunities, and evidence	Hans-Jürgen Rumpf

COFFEE BREAK (11:00-11:30)

Training School – Session 6. (11:30 -12:30)	
Internet and pornography	
CHAIR:	
Is Pornography Use a Risk for Adolescents' Well-Being? Longitudinal Insights from the PROBIOPS Research Project	Aleksandar Stulhofer
May high-frequency pornography use not always be problematic?	Beáta Bőthe

Training School – Session 7. (12:30 -13:00)	
Patient and Public Involvement	
Towards Patient and Public Involvement in Problematic Use of the Internet Research	Célia Sales

LUNCH (13:00-14:00)