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# *Problematic Use of the Internet*

## *Raising the Public Voice*

### *International Festival of Science and Arts*

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April 28, 9:00-17:30h UK time (BST)  
EU COST Action of the European network for the problematic usage of the internet

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#### FESTIVAL PROGRAM

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8:45 – 9:00 h

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Registration

9:00 – 9:15 h Opening Session

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Prof. Naomi Fineberg, COST Action Net & Me Chair, University of Hertfordshire, United Kingdom

Prof. Célia Sales, Chair of the Festival & COST Action Net & Me member, University of Porto, Portugal

9:15 – 11:00 Online gaming and gambling: Short feature movie “Child”

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Chairs: Prof. Matthias Brand, COST Action Net & Me member, University of Duisburg-Essen, Germany

Co-Chair: Prof. Zsolt Demetrovics, COST Action Net & Me member, University of Gibraltar, Gibraltar

Movie available free at <https://vimeo.com/166874102>

Roundtable:

- Andreas Winters, member of the public from the online gaming community, United Kingdom
- Dr Anna Maria Vella, COST Action Net & Me member, Addiction Specialist, University of Malta, Malta
- Dr Artemisa Dores, COST Action Net & Me member, University of Porto, Portugal
- Dr Biljana Gjoneska, COST Action Net & Me member, Macedonian Academy of Sciences and Arts, North Macedonia
- Gorast Cvetkovski, Film Actor, North Macedonia
- Jelena Jovanova, Film Actress, North Macedonia
- Morgan Griffiths, member of the public from the online gaming community, United Kingdom
- Radovan Petrović, Film Director, North Macedonia
- Stylianou Angeliki, University student from Cyprus, Cyprus

BREAK 11:00- 11:30h

### 11:30 –13:00 Social Media Use: Documentary “Social dilemma”

Chair: Prof. Joseph Zohar, COST Action Net & Me member, Tel Aviv University, Israel

Co-Chair: Prof. Ornella Corazza, COST Action Net & Me member, University of Hertfordshire, United Kingdom

Documentary available at Netflix

Roundtable:

- Dr Andres Fontalba Navas, COST Action Net & Me member, Psychiatrist, Andalusian Health Service, ES
- António Gomes, President of the National Association of Students of Psychology & student at University of Porto, PT
- Chloe Carter, social media influencer, United Kingdom
- Gordana Spiridonova, Highschool Psychologist, North Macedonia
- Prof. Henrietta Bowden-Jones, COST Action Net & Me member, UCL, Cambridge University, United Kingdom
- Prof. Liljana Ignjatova, COST Action Net & Me member, Ss. Cyril and Methodius University Skopje, Medical Faculty Skopje, North Macedonia
- Louie Coleman member of the public from the online gaming community, United Kingdom
- Marta Ciambella, PUI Early career researcher, Italy
- Prof. Murat Yucel, COST Action Net & Me member, Monash University, Australia
- Victoria Vargas, Early career researcher, University of Malaga, Spain
- Enrico Lando, Film Director, Italy

LUNCH 13:00- 14:00

### 14:00 –15:00 Online gaming: Fiction Book “The Midas Game”

(BOOK AVAILABLE AT THE END OF MARCH)

Chair: Prof. Eric Hollander, COST Action Net & Me member, Albert Einstein College of Medicine and Montefiore Medical Center, United States of America

Co-Chair: Prof. Christine Lochner, COST Action Net & Me member, MRC Unit on Risk and Resilience in Mental Disorders, Stellenbosch University, South Africa

Roundtable:

- Abi Silver, Novelist and author of the book “The Midas Game”, United Kingdom
- Ana Poprizova, Psychologist in Highschool, North Macedonia
- Hannah Solts, Teacher, United Kingdom
- Prof. Hernani Zao Oliveira, Creative Strategist of Digital Solutions, University of Évora, Portugal
- Ilaria de Luca PUI Early career researcher, Italy
- Prof. Julia Jones, COST Action Net & Me member, University of Hertfordshire, UK
- Prof. Mark Potenza, COST Action Net & Me member, Yale School of Medicine, United States of America
- Thomas Hall member of the public from the online gaming community, United Kingdom

- Garreth Hodgkinson, an Industrial Psychologist, South Africa
- Stefanie Lochner, Psychotherapist and Parent, South Africa

BREAK 15-15:15

#### 15:15- 16:30 How to deal with PUI: COST Action book on PUI

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Chair: Prof. Bernardo Dell’Osso, COST Action Net & Me member, University of Milano, Italy

Co-Chair: Prof. Giovanni Martinotti, COST Action Net & Me member, University "G.d'Annunzio" , Italy

Book available free at: <https://www.internetandme.eu/download-learning-to-deal-with-problematic-usage-of-the-internet/>

Roundtable:

- Alessandro Pittoni, Film Producer, Italy
- Prof. José Menchon, COST Action Net & Me member, Bellvitge University Hospital-IDIBELL, University of Barcelona, Spain
- Dr Katerina Flora, COST Action Net & Me member, Member, Cyprus
- Prof. Joël Billieux, COST Action Net & Me member, University of Luxembourg, Belgium
- Dr Julius Burkauskas, COST Action Net & Me member, Lithuanian University of Health Sciences
- Rasa Jauniškienė, Expert from Digital Ethics center, Lithuania
- Prof. Jorge Negreiros, Professor and Head of Clinical Service on Addictive Behavior, University of Porto, Portugal
- Aleksandar Mitov Public health expert, North Macedonia
- Martin Angelov, Sex Educator and medical student NGO “HERA”, North Macedonia
- Vaska D. Mitova, Psychiatrist, Ss. Cyril and Methodius University Skopje, Medical Faculty Skopje, North Macedonia
- Prof. Michael van Ameringen, COST Action Net & Me member, McMaster University, Canada

#### 16:30 -17:30 Final ‘feedback’ session

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Chair: Prof. Naomi Fineberg, COST Action Net & Me Chair, University of Hertfordshire, United Kingdom

Co-Chair: Prof. Sam Chamberlain, COST Action Net & Me member, University of Southampton, United Kingdom

Roundtable:

- Prof. Bernardo Dell’Osso, COST Action Net & Me member, University of Milano, Italy
- Prof. Célia Sales, Chair of the Festival & COST Action Net & Me member, University of Porto, Portugal
- Prof. Christine Lochner, COST Action Net & Me member, MRC Unit on Risk and Resilience in Mental Disorders, Stellenbosch University, South Africa
- Dr Giuseppe Lugano, COST Science Officer invited guest, European Cooperation in Science & Technology (COST), Belgium
- Prof. Hans-Juergen Rumpf, University of Lübeck, Germany
- Prof. Eric Hollander, COST Action Net & Me member, Albert Einstein College of Medicine and Montefiore Medical Center, United States of America

- Prof. Giovanni Martinotti, COST Action Net & Me member, University "G.d'Annunzio" , Italy
- Prof. Joseph Zohar, COST Action Net & Me member, Tel Aviv University, Israel
- Prof. Matthias Brand, COST Action Net & Me member, University of Duisburg-Essen, Germany
- Prof. Ornella Corazza, COST Action Net & Me member, University of Hertfordshire, United Kingdom
- Prof. Zsolt Demetrovics, COST Action Net & Me member, University of Gibraltar, Gibraltar