

#AskTheExperts
WEBINAR

SCREEN EXTREMES

CHILDREN AND DIGITAL ADDICTIONS



Thursday, August 31 | 11:30pm ET | Via Zoom

Many children and teens spend several hours daily on screens for entertainment. When does heavy use of digital technologies by children turn into an addiction, and what is “problematic use?” How can parents, caregivers, or clinicians identify harmful dependence on digital media, and what are effective interventions for youth suffering from digital addiction?

Join us on **Thursday, August 31 at 11:30am** via Zoom for an **Ask The Experts** webinar “**Screen Extremes: Children and Digital Addictions.**” A panel of child and adolescent psychiatrists, researchers and parents of youth with lived experience of gaming addiction will discuss tips for assessing children’s media use, prevention strategies for digital addiction, and current best practices and treatments for helping youth who have developed an unhealthy and damaging relationship with digital media.

Register Here

The Experts



MODERATOR

Marc N. Potenza, MD, PhD

Albert E. Kent Professor of Psychiatry, in the Child Study Center and of Neuroscience; Director, Division of Addictions Research at Yale; Director, Yale Center of Excellence in Gambling Research; Director, Yale Program for Research on Impulsivity and Impulse Control Disorders; Director, Women and Addictive Disorders Core of Women’s Health Research at Yale; Yale University School of Medicine



Naomi Fineberg, MBBS, MA, MRCPsych

Professor of Psychiatry, University of Hertfordshire; Consultant Psychiatrist, Highly Specialized Service for Obsessive Compulsive and Related Disorders, Hertfordshire Partnership University NHS Foundation Trust



Jason Nagata, MD, MSc

Associate Professor of Pediatrics, University of California, San Francisco



Clifford Sussman, MD

Child, Adolescent, and Adult Psychiatrist; Internet and Gaming Addiction Specialist; Volunteer Clinical Faculty, George Washington University



Elaine Uskoski

Video gaming addiction speaker, author, and coach; Family Coach, Game Quitters



Helping Children Lead Healthy Lives in a Digital World